

Volunteer News

The newsletter for volunteers of Age UK Hull & East Yorkshire



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Moving news
from our CEO

Welcome to the spring volunteer newsletter.

This edition highlights some exciting news, including about our move and a one-off volunteer opportunity.

The last three months have whizzed by and very happy that the sun is finally appearing again! In recent news, we have recruited around 25 new volunteers, which has been wonderful. As well as a new member of team and previous Trustee, Jill Gledhill, who is our Fundraising and Income Generator Manager. Meaning there will be more opportunities to help at one off events, so watch out for those emails.

There is a lot of change happening in the next few months, so please do not hesitate to contact myself if you have any questions etc. Thank you all for being so great and dedicating your time to Age UK Hull. I hope you have a lovely Easter break. ☺

Volunteer Coordinator, Charlotte

MASSIVE THANK YOU

This year we distributed a record 935 Christmas shoe boxes hampers around Hull and East Yorkshire. Whether you helped pack them, donated items or even made a shoe box, thank you so much we really appreciate it and because of you reached even more vulnerable people in Hull and East Yorkshire.

SAVE THE DATE

GRAB A FREE CUPPA, MONDAY 22ND APRIL

Feel free to drop by at the prospect shopping centre on Monday 22nd April between 10-2 and grab a free cuppa of tea or coffee. We will be in one of the empty shops more details TBC.



This year we have distributed

935

Christmas Shoe Box Hampers to people across Hull and East Yorkshire!

A huge thank you to everyone who donated.



Volunteer spotlight

Our volunteer spotlight is Darren Wiseman.

Darren volunteers at our Brough Social Group. He has gone above and beyond not only organising activities for the group but also providing his own talks and demonstrations with Brough Fire Station and Humberside Fire and Rescue. He is loved by our service users but also the other volunteers. We are very lucky to have him! Thank you for all you do. 😊



Darren –
Social Group
Volunteer

Hull 10k Marshals Needed

Sunday 9th June, 2024, 8:30am - 12:00pm

We are a partner at the Hull 10K again this year. Support the people running for Age UK Hull and other charities as they run 10k to raise money for charity. Marshals are located throughout the course, clapping and cheering runners .



Online Training Available

Suicide Awareness Training

It is 20 minute training course. It helps you spots suicide warning signs, how to have a conversation if you are worried about someone and where to signpost for further support. If you would like to do it, please follow the link below.

[20 minute suicide awareness training \(zerosuicidealliance.com\)](https://zerosuicidealliance.com)

Age UK Discounts

Portal provided by

Aon

As you volunteer for Age UK Hull it means you are entitled to the discount portal.

If you follow the link below and scroll down to 'Age UK Discounts Portal provided by Aon. You can register with your personal email and the code is AGE UK.

Discounts includes, Boots, Apple, easyJet, Currys etc.

<https://ageuk.discountsan drecognition.com/pages/index>

Age UK Hull and East Yorkshire is moving!!!

Happy Spring to all volunteers here at Age UK Hull and East Yorkshire (HEY). My name is Andy Haynes the CEO (or the “boss” as Charlotte often calls me when she’s showing volunteers around the office!)

I just wanted to let you know that at the end of March/early April we will be moving from Silvester House (in the city centre) to new offices at Axida House which is on Preston Road (just around the corner from Hull KR – Craven Park).

We are moving for two reasons. Firstly, and most importantly, we simply need more space for both volunteers and staff to work together – and we’ve been looking at wanting to move since July last year. And it’s taken a long time to find anything! And secondly, they are turning our current offices into flats – so we have to go – but they aren’t chucking us out either!

If you are one of the volunteers who does valuable work with us in the office, then unfortunately you will notice some changes/disruption, and your continued help during this time will be very much appreciated.

I also want to also ensure the rest of our equally valuable volunteer team that you are also very much in our thoughts as we move. Whilst you’re less likely to notice the disruption caused as we are literally packing the place up and moving there maybe some periods where our availability at times may vary, and where this is the case we will let you know well in advance.

Yep, like any sort of major move or change in life, it’ll be a bit stressful, but we’re all really confident that it’s a really positive move for us as a charity. In a bigger and better space we’ll be able to provide a better range of services and support for older people and also create a wider range of more varied volunteering opportunities.

We hope to have completed the move by the end of April – as soon as we’re actually in the new building, and we’ve found the kettle, then we’ll be in touch and invite you all to simply come and have a look! We might not quite have sorted or unpacked everything – but we’d love you to come and simply see where we are and tell us what you think and we can all talk some more about volunteering with Age UK HEY.

I hope this newsletter find you well and looking forward to meeting more of you in due course. In the meantime, many thanks for all you do – the time you give helps older people to live gratifying and sustainable later lives.
Thank-you.



MEET THE TEAM

Meet Tim Fincham our Benefit's Advisor

Hi my name is Tim Fincham and I am the lead benefits advisor. I work with Julie Graham who is also in the I & A team and she is a great member of the team. We work with the other projects at Age UK to support people. We help people with advice and information covering lots of different issues like benefits, filling in forms, doing benefit checks etc. We also help people with a vast range of things including advice on getting help at home, staying in residential care, aids and adaptations, housing issues, getting blue badges etc.

I started at Age UK on the 30/01/2001 as a Project Coordinator running an office with volunteers a student and 1 member of staff. I have moved office several times in the last 20 years. We organised charity concerts, aqua aerobic and swimming sessions arranged charity golf events in that time. I enjoy helping people and their families to get the support and benefits that can make a difference to them and make their lives better. We have a great team at Age UK and they all work very hard and are very good at their job.

JOIN THE AGE UK HULL VOLUNTEER FACEBOOK GROUP

If you would like to join scan the QR code or click on the link below.

https://www.facebook.com/groups/920164799081594?locale=en_GB



We have just joined Tik Tok too, feel free to check us @ageukhull

Useful contacts

Charlotte Park – Volunteer Coordinator
charlotte.park@ageukhull.org.uk

Libby Beadle – Befriending Coordinator
libby.beadle@ageukhull.org.uk

Natalie Cowell – Services Manager
Natalie.cowell@ageukhull.org.uk



Safeguarding Reminder

If you have or suspect a potential safeguarding concern, either with yourself or an Age UK Hull service user, you must let a member of the Age UK Hull team know as soon as possible.

If you are not sure whether there is an issue or not, please contact us.

Call our main telephone number **01482 324644** and ask to speak to a coordinator or the Services Manager.

Please refer to the Safeguarding handout you received at training or if you would like further information about Safeguarding, please let us know and we can get some information sent out to you.