

10 top tips to avoid being scammed

Every year millions of pounds are lost to various scams. Older people are being repeatedly targeted by people who have no hesitation in taking their money giving little or nothing in return.

Here are some things to remember if you get unwanted mail, telephone calls or emails that request money or personal information – **they may be a scam:**

- if it seems too good to be true it generally is
- if you haven't entered a competition you can't have won a large cash prize
- people who are genuine do not ask for money in advance
- if you are unsure, or it doesn't feel right don't respond - throw it away, hang up the phone, don't reply to texts or emails
- nothing bad will happen if you don't send a so called psychic any money. They send the same letter to thousands of people telling them the same thing
- offers of large amounts of money from abroad are only made to get you to send them your bank and personal details so they can steal from your account
- speak to a friend, relative, local Age Cymru, or Consumer Direct if you are concerned about mail you have received
- if you are being pressurised to buy on the telephone it is ok to say no and put down the telephone
- responding to one item of scam mail can and usually does result in up to a hundred items of this kind of mail being sent daily
- reduce the scams you receive - join the telephone preference service and the mailing preference service (listed in your telephone book).

Supported by:



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