



# Can you make things better for older people in Northern Ireland?

## Join our team of Peer Facilitators

With over 60 years of shared history to draw on, Age Concern NI and Help the Aged in NI joined together in April 2009 to create a powerful new voice for older people – Age NI. We are making and influencing decisions that will affect older people now and in the future.

**And you can be part of it!**

**Title of role:** Volunteer Peer Facilitator

**Type of role:** Voluntary and short term

**Type of applicant:** Individual older people (50+)

### **Overall purpose of role:**

- To ensure that the voice of older people is at the heart of Age NI
- To organise discussions with older people in your local area on a range of issues and report the findings

### **Outline of activities:**

- Identifying older people to talk to
- Organising sessions with them
- Facilitating sessions
- Reporting the findings

### **Personal Qualities and Experience:**

- Interest in older people's issues
- Desire to make things better for older people
- Understanding older people and listening to them

### **Benefits of becoming a Peer Facilitator:**

- Being part of a new, dynamic organisation for older people
- Reward of making heard the views of older people in your area
- Meeting with and sharing views with other older people
- Having out of pocket expenses reimbursed
- Having support to assist you in your role

### **Time required:**

- Organisation and facilitation of 4 listening sessions with older people
- Available to attend facilitation support and training
- Willing to take part in occasional charity events

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