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| **Day Opportunities Daily Planner**  Date 03/03/25  |
| **Time** | **Activity** |  |
| **10:00 – 11:00** | **Breakfast Club** |  |
| **10.30 – 12:00** | **Daffodil Room****Repotting Plants With** | **Rose Room****Preparing Activities With** |  |
| **12:00-12:30** | **Rose Room****Chair Yoga With** | **Daffodil Room****Cognitive Stimulation** **With**  |  |
| **12:30-13:30** | **Lunch** |  |
| **13:30-14:30** | **Rose Room****Creating a stain glass window picure With** | **Bluebell Room****Have You Ever Reminiscing With** |  |
| **14.30 -15:00** | **Sing Together** |  |