

AGE UK EXETER

Controlled Document

Document Name: Not for Resuscitation Requests Policy

Document Version Number: 3

Agreed by Risk and Quality Committee on: 15 September 2022

Approved by Board of Trustees on: 13 December 2022

Review Schedule: Every three years

Next review due: September 2025

Owner (Responsibility) CEO

Amendments to: Governance Officer

Revision History: See end of document

Document location: www.ageuk.org.uk/exeter/about-us/policiesandguidelines

Document Description

This document outlines Age UK Exeter's position when receiving a Not for Resuscitation Request and the action we will take.

Implementation and Quality Assurance

Implementation is immediate and this Policy shall stay in force until any alterations are formally agreed.

The Policy will be reviewed every three years by the Board of Trustees, sooner if legislation, best practice, or other circumstances indicate this is necessary.

All aspects of this Policy shall be open to review at any time. If you have any comments or suggestions on the content of this policy, please contact the CEO on info@ageukexeter.org.uk

Not for Resuscitation Requests Policy

Cardiopulmonary resuscitation (CPR) should be commenced on any person that sustains a cardiac arrest and in whom an Advance Decision to Refuse Treatment (ADRT) or Health and Welfare Lasting Power of Attorney (setting out decision not to be resuscitated) has not been made.

Any Age UK Exeter staff that are trained and feel able to perform CPR should do so unless clear, legally binding instructions exist to the contrary. As a minimum, staff should be able to recognise cardiac arrest and summon help.

Age UK Exeter will not solicit such instructions from clients. Where a client alerts us to their wish not to be resuscitated the following must apply for us to act upon that wish:

Different doctors or hospitals may use different forms to record refusal of treatment, including:

- DNACPR Do Not Attempt Cardiopulmonary Resuscitation
- DNAR Do Not Attempt Resuscitation
- DNR Do Not Resuscitate
- TEP Treatment Escalation Plan
- ReSPECT Recommended Summary Plan for Emergency Care and Treatment
- ADRT Advance Decision to Refuse Treatment
- Health and Welfare Lasting Power of Attorney setting out decision not to be resuscitated

All these forms are easily recognised by doctors, nurses, and healthcare workers, but the only form that is legally binding is an ADRT or Health and Welfare Lasting Power of Attorney. An ADRT explains to a doctor, emergency team or healthcare worker when a person wants to refuse CPR (or other treatments).

If a client makes Age UK Exeter, our staff, or volunteers aware that they have a ADRT in place, a copy of it will be held by the service they use, and it will be clearly marked on Charitylog. The client should be encouraged to have the form in an easily accessible place, so that it can be shown to paramedics in the event of an emergency. Our staff will abide by the instructions contained in the ADRT but will still contact emergency services and make them aware that an ADRT is in place.

For more information see the Resuscitation Council UK. www.resus.org.uk

Revision History

Revision date	Summary of Changes	Other Comments
31.10.16	New Policy, reviewed by Standards Committee	Recommended to Board for approval
8.11.16	Approved by Board	Next review due November 2018
3.09.18	Routine review by Standards Committee	No changes made. Recommended to the Board for approval
11.09.18	Reviewed by Board. Approved	Next review due September 2020
23.08.22	Updated and agreed by Risk and Quality Committee 15.09.22 Approved by Board 13.12.22	