

Where will your activity take place?

Morrisons - Aylesham Centre, Rye Lane
SE15 5EW

All Saints Church - Blenheim Grove, SE15 4QS

Creation Trust, Missenden Rd, SE15

Stones End Day Centre, 11 Scovell Road,
SE1 1QQ

Yalding Healthy Living Centre, SE16 3TY

The Old Peckham Library, right opposite
Peckham Library, on Peckham Hill Street

Southwark Park Bowling Green

Some of these activities are currently funded by
Southwark Charities and the Big Lottery



Follow us on twitter @AgeUKLS & Facebook
<https://communitieslivingwell.wordpress.com>



Communities Living Well

Free activities for adults over 50s

June 2017

CLW brings activities to the community. We are working with local groups and businesses to offer more to people aged 50 and over to improve their social networks, health & mental wellbeing...and have fun!



Pop in to our social club at Morrisons Cafe

Find out more about activities by calling the
Communities Living Well Team on:

020 7237 0860

Weekly Activities

TUESDAY

Tuesday Club - 1pm
at Creation Trust
- Blue huts

WEDNESDAY

FULA - Latin American Elders - 3:30pm
at Stones End Day Centre
- IT and Smartphones
- Free Hair cuts for members

Parkour Dance 1.30pm -
Yalding

THURSDAY Bowls 10am
- Southwark Park Bowls

FRIDAY

Pop in Café - 10am
at Morrisons, Peckham

MenDERS Club- 12pm at
the Old Peckham Library

FULA - Latin American Elders (LAWRS) - 3:30pm
at Stones End Day Centre

SATURDAY

MenDERS Club- 12pm at
the Old Peckham Library

If you would like any more information, please contact us on:
020 7358 4079
living.well@ageuklands.org.uk

June 2017

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Monthly Events

SATURDAY 3RD JUNE - 5-7pm

Pampering and Nail Painting at Foodcycle
All Saints Church

