For more information please visit; www.ageuk.org.uk/lewishamandsouthwark www.southwarkpensioners.org.uk



# Information, Advice and Access for Southwark



# Improving life for older people

#### About the service

Age UK Lewisham & Southwark provides a comprehensive information and advice service for older people across Southwark.

This service provides:

- Information and advice drop-ins
- telephone advice
- home visits for housebound older people

We are a quality-marked reliable service that is accessed by hundreds of older people every year.

# What do you do?

We deliver advice on:

- claiming benefits
- managing debt
- obtaining health support
- finding accessible holidays
- solving housing problems
- managing money
- accessing support and activities
- gaining support to remain inyour home
- dealing with utility bills.

### How can I access the service?

You can access the service by phone or just drop-in

# Where do I have to go?

North Southwark residents can visit Age UK Lewisham & Southwark at one of these offices.

#### 95 Southwark Park Road

London SE16 3TY t 020 7358 4072

Drop-in:

Tuesday and Friday 10am-12:30pm

#### **Stones End Centre**

11 Scovell Road London SE1 1QQ t 020 7358 4074

Drop-in:

Tuesday and Thursday 10am— 1pm

South Southwark residents can visit Southwark Pensioners Centre at:

# 305-307 Camberwell Road

London SE5 0HQ t 020 7708 4556

# Opening times

Monday–Friday 9.30am–12.30pm

Outreach sessions are also available throughout the borough – call for more details.

# Is there a charge?

Our service is free and confidential.

