Now, more than ever get your winter vaccines!

Flu and Covid-19 can be life-threatening.
If you catch Covid-19 and flu at the same time, you're twice as likely to be seriously ill, hospitalised or even die.

Vaccines save lives!

Ask your GP or pharmacist for your free winter vaccines.

Vaccines are the best defence against flu and Covid-19 and are free if you are:

- 50 years or over
- Living with a long term health condition
- In close contact with someone who is more likely to get infections
- A carer of an older or disabled person
- A health or social care worker
- Living in a residential care or nursing home

Protect yourself and those around you

London age UK

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