

**South West Sheffield
Timetable
March 2026**



Please check with the primary contact to see if the session is running.

Activity	Venue	Primary Contact
<p>Bents Green Rosemary Memory Café (dementia targeted): a welcoming social space for people living with dementia.</p>	<p>Bents Green Methodist Church, Ringinglow Road, S11 7PU - Thursdays - 1st and 3rd Thursday of the month</p>	<p>Hannah West Hannah.West@ageuksheffield.org.uk Tel. 07825 597948</p>
<p>Calmly Create: the main objective of the sessions is for patients who may be experiencing stress, anxiety, loneliness to create something crafty in a warm, calm and welcoming environment.</p>	<p>Fulwood Old Chapel School Room, 8 Whiteley Lane, S10 4GL - Wednesday (monthly). This group is only for patients of surgeries within the Porter Valley Primary Care network: Greystones, Falkland Road, Rustlings Road, The Hollies, Nethergreen, Carterknowle and Dore.</p>	<p>To sign up and to get more information please speak to the reception staff at your surgery. South Yorkshire Chaplaincy and Listening Service 07903 899751 sycls@sycls.co.uk</p>
<p>Carers' activities: Sheffield Carers Centre runs a range of regular activities to support carers.</p>	<p>Various venues</p>	<p>Sheffield Carers Centre - 0114 278 8362 Carer Activities Sheffield Carers Centre</p>
<p>Coffee and Exercise Classes Variety of gentle exercise sessions, mainly chair-based, combined with refreshments. All weekly. CWS also offer a range of exercise classes at their gym at 863 Ecclesall Road, including a Parkinson's Gym Class.</p>	<ul style="list-style-type: none"> ✚ Bradway Community Hall - Monday 10.30 -11.30am ✚ Fulwood Old Chapel - Monday 10 - 11am ✚ Dore and Totley United Reformed Church - Monday 1.30 - 2.30pm ✚ Crosspool Scout Hut, Benty Lane Tuesday 10.45 - 11.45am ✚ Westminster TARA, 53 Westminster Crescent Wednesday 10.30 - 11.30am ✚ Totley Library/CRIC - Thursday 12 - 1pm ✚ St Peter/St Oswald's Abbeydale Road - Friday 10.30 - 11.30am 	<p>Community Wellness Services (CWS) 0114 553 7807 info@cwsuk.ltd</p>
<p>Creative Writing Group - Ecclesall</p>	<p>Ecclesall Library 1st & 3rd Tuesdays, 10.15 - 11.45</p>	<p>Kim Stephenson kimwordbird@gmail.com</p>

Activity	Venue	Primary Contact
<p>Crosspool Memory Café: a welcoming space for people living alone, people with memory issues and their supporters</p>	<p>St Columba's Church, 503 Manchester Road S10 5PL 3rd Wednesday of the month</p>	<p>St Columba's Crosspool 0114 267 0006 admin@stcolumbacrosspool.org.uk</p>
<p>Dance to Health Sheffield: gentle dance classes for all abilities</p>	<p>St Augustine's Church, Endcliffe- multiple days of the week</p>	<p>Charlotte Bridle charlottebridle@ae-sop.org 07942 276312</p>
<p>Dore and Totley Rosemary Memory Café (dementia targeted) - a welcoming social space for people living with dementia.</p>	<p>Dore Methodist Church Hall – Tuesdays - 1st and 3rd Tuesday of the month</p>	<p>Hannah West Hannah.West@ageuksheffield.org.uk Tel. 07825 597948</p>
<p>Dore Welcoming Space - meet others and have fun. Refreshments provided.</p>	<p>Dore Methodist Church Hall - Wednesday (weekly) 10.30am to 1pm.</p>	<p>No booking requirement, just drop in: Welcoming Space - Dore Church</p>
<p>Fulwood coffee and games morning: dementia friendly: - a welcoming social space for people living with dementia.</p>	<p>Fulwood Scout Hut, Fulwood Rd - Tuesdays (2nd and 4th Tuesday of the month)</p>	<p>Hannah West Hannah.West@ageuksheffield.org.uk Tel. 07825 597948</p>
<p>Get to Grips with your Computer and Smart Phone drop-in classes</p>	<p>Ecclesall Library - Fridays (weekly) 10.30 - 12.30</p>	<p>Paul May, MECK Community Group 0114 236 9333 maypaul61@gmail.com</p>
<p>Millhouses, Ecclesall and Carter Knowle Community Group: Social group - refreshments, games and chat.</p>	<p>The Robin Hood Pub, Millhouses Lane - - Mondays (weekly), 3 - 5pm</p>	<p>Paul May – 0114 236 9333 maypaul61@gmail.com</p>
<p>Singing Teapot Choir - weekly singing group for all abilities.</p>	<p>Dore and Totley United Reformed Church - Tuesday (weekly), 10.30am; cuppas from 10am.</p>	<p>Yo Tozer Loft - call/text 07925 634420</p>

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Activity	Venue	Primary Contact
<p>South West Friendship Lunches: book onto one of our local friendship lunches and enjoy great food and entertainment.</p>	<p>Crosspool Tavern, Crosspool - monthly, 2nd Monday Cross Scythes, Totley - from Monday 10th November 2025 Crown Inn, Totley - second Monday The Ball, Crookes - monthly, 1st Tuesday Three Merry Lads, Lodge Moor - dates to be confirmed</p>	<p>Crosspool Tavern 0114 266 2113 Cross Scythes via Kathy 0772 952 8844 Crown Inn 0114 236 0789 The Ball Inn 0114 266 1211 Three Merry Lads 0114 327 2700</p>
<p>Sporting Chatter / Sporting Chatter films: A social group who come together to discuss all things sport.</p>	<p>Dore and Totley United Reformed Church - First and third Fridays</p>	<p>Mike Pettitt T: 0750 306 0990 or alternatively Richard Pitts Tel: 0773 970 0567</p>
<p>Table Tennis</p>	<p>Bradway Community Hall - Thursday and Friday (weekly) Contact Jan for times.</p>	<p>Jan – 07787 954842 0114 418 6463</p>
<p>Totley Library Cinema</p>	<p>Totley Library/CRIC - - monthly on Thursdays</p>	<p>Totley Library 0114 236 3971</p>
<p>Totley Natter Coffee Morning: a welcoming space to meet new people and enjoy cakes and coffee.</p>	<p>Totley Library/CRIC - Thursday (weekly)</p>	<p>Totley All Saints Church - 0114 236 7627</p>
<p>Totley Rise Welcoming Places Coffee Morning - free coffee and biscuits</p>	<p>Totley Rise Methodist Church, 1 Grove Road, Totley S17 4DJ Tuesdays 10am - 12pm</p>	<p>Collette Duke collette.duke@sky.com</p>
<p>Well with Nature Coffee, nature wellbeing chat and mindfulness.</p>	<p>A venue in Totley, Mondays 11 am-12:30 pm Phone to book a place.</p>	<p>Caroline Cook 07583 551705 caroline@wellwithnature.uk</p>
<p>Welcome Places Timetable: - warm welcomes at a wide range community venues.</p>	<p>Various venues across South West Sheffield</p>	<p>Weekly timetable - follow the link on the Age UK Sheffield website: Welcome Places</p>