



Young Onset Dementia community referral routes (under 65s)



For use by professionals* / volunteers in Sheffield

For under 65s with Young Onset Dementia, and their family members / unpaid carers



For under 65s with Young Onset Dementia



For family members, and unpaid carers



Need (non-medical)

- Low to medium dementia needs
- Ongoing social connection
- Young onset dementia information and peer support
- Specific activities and trips out with other under 65s

- Higher needs
- Struggling to cope
- Avoiding crisis
- Short intense support

- Full day of person-centred activities for the person with Y.O.D.
- Break for the carer.

- Carer information
- Peer support
- Listening ear

- Tips and training to care for a family member with dementia

[Dementia Advice Sheffield](#)
(0114) 250 2875



DAS will refer onto both

PKW
People Keeping Well
local community dementia support

Sheffield ageUK
Young Onset Dementia Hub

Alzheimer's Society
Dementia Short Term Intervention Service (DSTIS)

0114 276 8414
dementiaconnect.referrals@nhs.net to request referral form

Care2Care (0114) 317 7942 for North or Age UK Sheffield (0114) 250 2850 for South or [Dementia Advice Sheffield](#) if unsure.

CROSS ROADS CARE
Charity
[Sheffield Carers Service](#)

0114 272 8362
<https://www.sheffield-carers.org.uk/>

Alzheimer's Society
[Sheffield Alzheimer's Society](#)

0114 276 8414
sheffield-enquiries@alzheimers.org.uk

Refer to

Support provided

- 6-monthly check-in call
- Dementia information
- Dementia carer groups

Young Onset Dementia age-relevant information, groups, trips, social events

- Up-to 6-week service
- Navigate support services
- Resolve issues
- Build resilience

Care2Care Services **Sheffield ageUK**
[Young Onset Dementia Day Activities for under 65s](#)

- Carer advice line
- Carer Assessment
- Carer Card
- Newsletter
- Planning for emergencies

Alzheimer's Society
[Sheffield Dementia Carers Training Service](#) (6 workshops)