



Dementia non-medical awareness and training for professionals/volunteers in Sheffield

NB: These should not replace mandatory training

	Raise your dementia awareness	Gain dementia understanding	Gain dementia specific knowledge	Become a dementia-friendly organisation
Session name	Dementia Friends	Dementia Stars (Bronze, Silver and Gold)	Dementia Advice Sheffield (DAS) Workshops	Our Dementia Commitments (previously Sheffield Dementia Action Alliance)
Who the session is aimed at	Everyone who doesn't already have extensive engagement with someone living with dementia	Anyone in Sheffield who supports a person with dementia through their job or volunteering role	Any professional or volunteer in Sheffield who supports someone living with dementia	Organisations and businesses in Sheffield wanting to make a difference for people living with dementia
Description	Awareness session delivered by volunteers who are trained by the Alzheimer's Society to deliver information sessions about dementia. Please note, this is 'awareness' only, not 'training'.	Experiential and interactive, puts attendees in the shoes of a person living with dementia. Designed to be taken in order. Covers themes such as how dementia may impact behaviour, senses and memory, and what participants can practically do to better support people living with dementia.	Gives further understanding around dementia through specific topics. Interactive workshop themes come from frequently-asked queries from professionals contacting DAS. Previous topics have included: 'Sex and Dementia' and 'How to support someone with dementia on the phone'.	Why getting it right for people living with dementia is so important, and support to help make simple practical changes to better support people in Sheffield with dementia.
Length of session	45 mins to 1 hour	3 x 2 hours	2 hours (each one-off session)	2 hours per session
How to book	dementiafriends.org.uk	Dementia Advice Sheffield service training sessions	Dementia Advice Sheffield service training sessions	Our Dementia Commitments – Sheffield

NB: For family members/unpaid carers: [Sheffield Dementia Carers Training Service](#) is a series of 6 workshops from [Sheffield Alzheimer's Society](#) on tips and training to care for a family member with dementia.