

## Other services

### Keep Your Pet

We can offer short term help if you are unable to look after your pet due to ill health or other emergencies. Help may include:

- Dog walking
- Pet feeding
- Pet fostering

### Wills and Lasting Power of Attorney

We offer a straightforward, personal will writing service and can also provide advice on, and prepare, Lasting Power of Attorney.

## Contact us

There are several ways you can contact us to find out about all the services Age UK York can offer.

### Information and Advice

**01904 634061**  
**(Mon - Fri, 9.30 am - 3 pm)**  
**firstcall@ageukyork.org.uk**

### Office

**01904 627995**  
**ageukyork@ageukyork.org.uk**

### Or you can visit our website:

**www.ageukyork.org.uk**

**Age UK York**  
**St. Edmund's House**  
**Margaret Street**  
**York**  
**YO10 4UX**



Registered Charity No: 1118346

Registered Company No: 6006449



## How we can help and support you

**Supporting older people in York for 50 years**



# What does Age UK York do?

## Information and Advice

Our team can help with many queries including:

- Getting help at home
- Local social & leisure activities
- Aids & adaptations
- Transport options
- Housing & care options
- Information on Age UK services & accessing other services / advice in York

## Money and Benefits Advice

We offer advice to people over state pension age, on benefits and other money matters, including:

- Pension Credit
- Means tested benefits
- Paying for care
- Carer's Allowance
- Attendance Allowance

## Give carers a break

Our Carer Respite Service has volunteers and support workers who can give carers a break by looking after the person they care for for a few hours.

## Help you after hospital

Our Home from Hospital team provides weekly visits to help you rebuild confidence and independence after a stay in hospital. Support may include:

- Shopping
- Light household tasks
- Prescription collection
- Liaising with health & social care professionals
- Companionship & help with outdoor mobility

## Reduce social isolation

We have a range of services to help reduce loneliness and social isolation. These include:

- Befriending support
- Day clubs
- Social activities
- Out and About

## Help people live independent lives

We have a range of paid for services to help people live independently in their homes. These include:

- Bridge the Gap home care
- Feather Duster home help service