

Cedar Grove Men's Group

A social activity group for spirited and friendly older men looking for an opportunity to:

- Try new activities
- Experience and explore the local area
- Widen social networks
- Keep active



The group meets
fortnightly on Fridays
12 p.m. to 2 p.m.

Cedar Grove Wellbeing Centre, Cedar Grove,
Wallsend NE2 6PR

£2 including refreshments

Call us

0191 280 8484

Additional costs may be incurred for outings or activities as programmed throughout the year.