



# Step Out Stockport

## ACTIVITY Volunteer Role Description

STEP OUT Stockport offers a range of day services and activities to support people outside of their home. This includes services delivered at a Resource Centre or as part of an activity group within the community, or a mixture of both. The aim is to provide high quality health and social care services, which will promote independence, well-being and choice and positive outcomes for the people who use the service.

### **What a Step Out Volunteer does:**

- Working with staff and other volunteers, to lead and / or facilitate group activities and entertainment at the centre.  
Activities delivered can be based on your own interests, examples include arts, crafts, baking, hair and nails, gentle exercise, quizzes gardening etc.
- To follow guidance from the Team Lead or other staff regarding Health & Safety
- Assist generally to ensure a safe, comfortable and friendly atmosphere

### **Personal qualities most suited to this role:**

- Good communication skills
- Friendly and approachable
- Positive and supportive approach
- Reliable
- Professional warmth and a sense of humour.
- Enjoyment of being with people and sharing interests and hobbies
- Confident to work with small groups of people

### **How much time is involved?**

The centre is open Monday to Saturday 10.00 am to 4.00 pm. A minimum time commitment would be about 1-2 hours in terms of setting up and delivering an activity or entertainment session. Typical times activities are delivered is between 10 am and 12 pm and 1.30 pm and 3.30 pm

During the day there are different group activities held. Some activities are held on a weekly basis and some are held fortnightly or monthly. Most of the groups will require a regular commitment of about 2 hours, plus travel time, in order to help provide the continuity and support our group members require.

### **Role Specific Training:**

There is no other specific training required for this project other than full awareness of the relevant protocols and processes that must be complied with. However relevant training will be available such as general health and safety and dementia support training.

Please refer to the general guidance for organisational training.

### **Role Specific Limitations and Boundaries**

Volunteers will be expected to make their own way to and from the centre and groups where ever possible. All travel expenses will be reimbursed and any entry fees to events will be supported although every effort should be made to get these at discounted carer rates. Refreshments bought while at groups will not be reimbursed.

Volunteers must be aware that before using their cars to transport clients, legal procedures must be followed and agreement of the Step Out Manager obtained.

Volunteers will not undertake home visits.

### **Responsible to:**

Step Out Manager and designated senior staff member on the day.

This Task Sheet must be read in conjunction with the Step Out Stockport & Age UK Stockport **General Guidance Sheet for Volunteers** which contains additional important information including about expenses, insurance, your privacy rights and other general matter.

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Step Out Stockport is an associated company of Age UK Stockport, a local independent charity whose mission is working locally for positive choices in later life.

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