

FRIENDSHIP

LAUGHTER

HAPPY MEMORIES

SOCIAL DAYS



READY FOR A CUPPA AND A CHAT!

We'd love to see you at our fun and friendly social groups.

What's on?

Every week is different at our social groups and you can get as involved as much as you like or simply have a cup of tea and a chat.

Activities include:

- Board Games
- Arts and Crafts
- Music
- Trips Out
- Lunches and Events
- Visits from Local Groups
- Information and Advice

Who can join?

Anyone over the age of 50 who lives in Northumberland is welcome to join. We are a friendly, inclusive group.

Locations

Cramlington Community Hub
Manor Walks, Cramlington
Fridays, 9.30am - 11.30am

Ashington Age UK Northumberland
The Round House, Lintonville Parkway
Fridays, 1pm - 3pm

Bedlington Library
Glebe Road, Bedlington
Mondays, 1.30pm - 2.30pm

Morpeth Library
Riverside Leisure Centre, New Market
Fridays, 10am - 12pm

St Mary's Parish Centre
Wanley Street, Blyth
Tuesdays, 10am - 12pm

Dolphin Court
Harbour Rd, Amble
Mondays, 10am - 12pm

St Mary's Parish Centre
Thornhill Road, Ponteland
Wednesdays, 10.30am - 12pm

Gardening Social Group
Woodhorn Museum, Ashington
Wednesdays, 10am - 12pm

Haltwhistle Hospital
Community Room, Ground Floor
Wednesdays, 1pm - 3pm



For more information call us on:

01670 784 800

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