



Introduction:

Age UK West Sussex, Brighton and Hove enable older people to Love Later Life. Our aims are to promote the wellbeing of all older people; to make later life a fulfilling and enjoyable experience and to enable people to flourish.

Responsible to:

Hayley Dower
Senior Community Developer

Based at:

Lavinia House, Dukes Square, Horsham. RH12 1GZ
Dates and times: To be arranged.

The service:

This new support group would be to bring people together, to help alleviate social isolation and loneliness within the Older LGBTQ+ community and to improve wellbeing through human connection and strength of community. This group will benefit those people in Horsham who identify as members of the LGBTQ+ community and are aged 50 and over.

Key responsibilities:

The role of the volunteer will be to facilitate the sessions and to foster a safe, supportive environment for the participants to meet each other, to make conversation and connections and to keep the tone friendly and non-judgmental.

The volunteer will assist the group in setting expectations and boundaries for their time together in the first session and will continue to revisit this whenever there are new members.

The volunteer will collaborate with the members of the group, deciding on the format of each session, i.e., conversation starter topics and/or speakers and will be responsible for liaising with and booking any speakers and for general time keeping during sessions.

The volunteer will be responsible for the organization and advertisement of the group, the procurement, preparation, and care of the facilities to be used and the serving of refreshments.

It is very important to us that the group operates as a safe space for members of this community and that the facilitators will always safeguard this.

Role requirements:

It is important to us that the volunteers for this group identify as members of the LGBTQ+ community. This is with the aim of ensuring that all group members feel as safe and supported as possible and are met with the right level of understanding and compassion that comes with lived experience.

We are hoping to find two to three volunteers for this group who are committed to its establishment and longevity as a strong support for this community.

What will you get out of volunteering for us:

Meeting others, having fun and a sense of fulfilment. There are plenty of opportunities to socialise with our other wonderful volunteers. If you are looking for a job, we can give you some experience whether you have worked in this setting before or not. We will train you so you will gain knowledge of working in the charity sector and that will help you in your search for a job. We can also give you a written reference.

How will we support you:

You will be provided with induction training and be shown how to work to guidelines to be sure you are confident and able to carry out your volunteer role. Induction training will cover an introduction to Age UK West Sussex Brighton & Hove and its' services, policies, and procedures. All relevant training will be free for volunteers. You will receive on-going support and training to carry out your role effectively and be able to enjoy doing so with confidence.

For More information, please contact:

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