

The 2016 Assembly election

Age Cymru wants an age friendly Wales in which all older people have the same respect, rights, opportunities and access to services as the rest of the population. We urge all parties and candidates standing in the 2016 Assembly election to deliver age friendly policies and tackle issues such as poverty, loneliness and care.

Health and social care

Health and social care services remain a central concern for older people. Providing quality services and treating older people with respect, sensitivity and compassion must be a national priority in an age friendly Wales. To achieve this it is also vital to improve joint working between the NHS and social care to deliver seamless care.

The next Welsh Government must take urgent action to improve the commissioning of care services and ensure that home care services provide visits of a sufficient length and quality. The next Welsh Government should also support staff providing health and care services by making sure they receive training on dignity, dementia, human rights, equality, diversity, nutrition and hydration.

Protection from scams

We believe Wales can lead in presenting a united front against scams and making itself a hostile country to scammers. As a key part of this the next Welsh Government should simplify the process of setting up No Cold Calling Zones so that more older people across an age friendly Wales can be protected from doorstep scams.

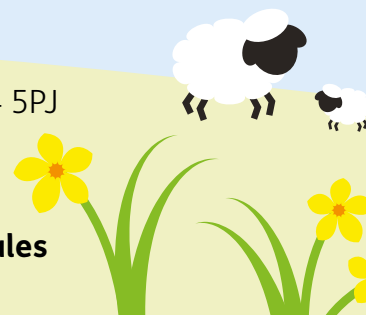
Low incomes

Older people in Wales are missing out on an estimated £168 million in Pension Credit. Around 386,000 pensioner households are also spending 10% or more of their incomes on heating. The next Welsh Government must help older people to receive their full entitlements to financial support and develop an ambitious new approach to tackling fuel poverty as part of creating an age friendly Wales.

Transport

Public and community transport are vital services which help keep older people independent - they link up communities and make sure older people can get to the facilities and amenities they need to lead fulfilling lives. For an age friendly Wales, the next Welsh Government must provide adequate support to keep essential bus routes open and invest in community transport.

For more information on these issues, contact Age Cymru on 029 2043 1555 or visit www.agecymru.org.uk/manifesto



Etholiad y Cynulliad 2016

Mae Age Cymru eisïau Cymru sy'n gyfeillgar i oed lle mae pob person hÿn yn cael yr un parch, hawliau, cyfleoedd a mynediad at wasanaethau â gweddill y boblogaeth. Rydym yn annog pob plaid ac ymgeisydd yn etholiad y Cynulliad 2016 i gyflwyno polisiau cyfeillgar i oed ac i fynd i'r afael â materion megis tlodi, unigrwydd a gofal.

Gofal iechyd a chymdeithasol

Mae gwasanaethau gofal iechyd a chymdeithasol yn parhau i fod yn fater canolog i bobl hÿn. Rhaid i ddarparu gwasanaethau o ansawdd a thrin pobl hÿn gyda pharch, sensitifrwydd a thosturi fod yn flaenoriaeth genedlaethol mewn Cymru sy'n gyfeillgar i oed. Er mwyn cyflawni hyn, mae hefyd yn hollbwysig gwella'r cydweithio rhwng y GIG a'r gwasanaethau gofal cymdeithasol er mwyn darparu gofal di-dor.

Rhaid i lywodraeth nesaf Cymru weithredu ar unwaith er mwyn gwella'r broses comisiynu gwasanaethau gofal a sicrhau bod gwasanaethau gofal yn y cartref yn darparu ymweliadau o hyd ac ansawdd digonol. Yn ogystal, dylai Llywodraeth Cymru gefnogi staff sy'n darparu gwasanaethau iechyd a gofal trwy sicrhau eu bod nhw'n cael hyfforddiant ym maes urddas, dementia, hawliau dynol, cydraddoldeb, amrywiaeth, maetheg a hydradiad.

Gwarchod rhag sgamïau

Credwn y gall Cymru arwain y ffordd o ran cyflwyno wyneb unedig yn erbyn sgamïau a gwneud y wlad yn anatyniadol i sgamwyr. Fel rhan allweddol o hyn, dylai llywodraeth nesaf Cymru symleiddio'r broses o sefydlu Parthau Dim Galw Diwahoddiad er mwyn gwarchod mwy o bobl hÿn rhag sgamïau stepen drws mewn Cymru sy'n gyfeillgar i oed.

Incymau isel

Mae pobl hÿn yng Nghymru yn colli allan ar oddeutu £168 miliwn o Gredydau Pensiwn. Yn ogystal, mae oddeutu 386,000 o aelwydydd pensiynwyr yn gwario 10% neu fwy o'u hincymau ar wresogi. Rhaid i lywodraeth nesaf Cymru gynorthwyo pobl hÿn i dderbyn yr holl gymorth ariannol sy'n ddyledus iddynt a datblygu dull gwaith newydd uchelgeisiol i fynd i'r afael â thlodi tanwydd fel rhan o greu Cymru sy'n gyfeillgar i oed.

Trafnidiaeth

Mae trafndiaeth gyhoeddus a chymunedol yn wasanaethau hollbwysig sy'n helpu pobl hÿn i gynnal eu hannibyniaeth - maen nhw'n cysylltu cymunedau ac yn sicrhau bod pobl hÿn yn gallu cyrraedd y cyfleusterau a'r adnoddau sydd eu hangen arnynt er mwyn byw bywydau llawn. Mewn Cymru sy'n gyfeillgar i oed, dylai llywodraeth nesaf Cymru ddarparu cymorth digonol i sicrhau bod llwybrau bysïau hanfodol yn aros ar agor a buddsoddi mewn trafndiaeth gymunedol.

Am fwy o wybodaeth am y materion hyn, cysylltwch ag Age Cymru ar 029 2043 1555 neu ewch i www.agecymru.org.uk/manifesto

