

May 19th 2020

Partnership Support for remote working

Good news

Missing going on walks because you are shielding? Listen to Claire Balding on BBC Radio 4 when she goes on a ramble. Every Thursday at 3pm.

Looking to learn how to paint? Just search Bob Ross on you tube for tutorials on painting mountains, snow and reflections.

How can you help?

Why not write down 3 things your grateful for today?

Your Questions answered

A person who already attends the memory café has suggested a new person I have never met or spoken would like to attend the online memory café what do I do?

I would request to talk to the person first, to help understand why the person wants to join, what technology they have to do so and to make sure the person understands the role of the online space.

I may then spend some time just talking to that person in an initial one-on-one chat to talk over what to expect before inviting them to join the online memory cafe.

I would try to think about not having the same details to get on the zoom meeting so that this safeguards further the safe space and people can't continue to join if they are not welcome for a variety of reasons.

My main aims of chatting to the person first would be to explore whether the online memory café is the right support for them at this time and also if the person is appropriate to join the space for example not someone trying to sell something.

If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.

Passing the time

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Why not encourage some photography?

Take some pictures of things in your home or garden.

Play around with colour, close ups and shadow. Take a picture of what you can see from your window every day or week, compare the pictures over time.

Send them to someone you know via email.

Print them out and post them to someone you know, with a note.

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

Joke of the day

Why did the picture go to prison?

Because it was framed!

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly

