

May 20th 2020

Partnership Support for remote working

Good news

Why not listen to a podcast at

<https://www.bbc.co.uk/sounds/category/podcasts?sort=popular>

Dementia and me is still there if you haven't listened to all the episode yet!

<https://www.bbc.co.uk/programmes/p07fsqj9/episodes/downloads>

German football is back, although played in empty stadiums.

How can you help?

Buy bread flour from St Mary's online at www.breadforsheffield.wixsite.com make a donation to the fund for provision of emergency food.

Your Questions answered

Should I be collecting feedback when I contact people?

If you can yes, try to understand what the person you are supporting is finding helpful and what isn't so helpful. This might be in direct questions or in writing to the person. Direct questions might be 'how was this call for you?' 'Would you like me to do anything different when I can next time?' 'Would you recommend a call like this to someone else who was (caring for someone) living with dementia?'

Try to think of different ways to collect feedback from the person you are connecting with, can it be a drawing of where they were mentally before your call and where they were after or could it be through a one-word answer in a zoom meeting? Formalised feedback on a sheet of paper may be helpful too.

It might be something that a person says, without prompting that you may want to note down during or after the call.

If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.



Passing the time

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Jam Jar Garden

You will need a large jar, pebbles, gravel, potting soil, small succulent, moss, gnome or toadstool.

1. Take an empty clean large jar, half fill with layers of big pebbles, small pebbles and gravel.
2. Fill to the top with potting soil and plant a small succulent in it.
3. Cover the top with moss
4. Add a tiny gnome or toadstool if you like.

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

Joke of the day

Where do cows go on a Friday night?

To the moo-vies!

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly

