

May 22nd 2020

## **Partnership Support for remote working**

### **Good news**

See the Chelsea flower show online at <https://www.rhs.org.uk/shows-events/virtual-chelsea>.

The Happy Newspaper is created around good news stories and can get delivered to your door every quarter.

### **How can you help?**

**Help Sheffield are running a raffle to support businesses in Sheffield during the pandemic. See details here:**  
**<http://www.helpmycity.co.uk/during-the-covid19-outbreak-many-businesses-have-been-forced>**

### **Your Questions answered**

**Some of the people I am ringing are supporting others with dementia from a distance. What can I suggest they do to help?**

It might be beneficial to support the person more who you are connecting with, do they want to talk about the person, how things are making them feel or the frustrations they may feel?

I would then suggest the following:

Make sure the person with dementia has a plan in place for support, whether that is through family, friends or professionals.

The person supporting prints off government advice for the person with dementia to put in prominent places.

Connect with the person often if it suits them, this may not be for a long period of time, for example a short 5-minute conversation every day may be preferential to 1 1-hour conversation every week for example.

*If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.*

### **Passing the time**

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

### Why not complete some drawing challenges?

Draw:

- Something strong
- A dream
- Along to some classical music
- Something fake

It's up to you what you draw with these challenges, it can mean something different for you than it might be for someone else.

Use different forms if you have them paint, pencils, felt tips, chalk, crayons. These can be helpful to layer up and bring texture if they suit your drawing.

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

### **Joke of the day**

### **Which hand is better to write with?**

**Neither, it's better to write with a pencil.**

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly