

May 27th 2020

## **Partnership Support for remote working**

### **Good news**

Listen to an audio recording of Alan Ayckborn's new play Anno Domino at [www.sjt.uk.com](http://www.sjt.uk.com).

Some people are drawing challenges on the pavement for people to do as they walk by. Can you draw a hopscotch? Ask people to wave or to give themselves a hug.

### **How can you help?**

Write a letter to someone to say thank you for something.

### **Your Questions answered**

**When I call some people living with Dementia, they don't remember my previous call and look upon me with suspicion. How can I ease this?**

If possible, think of sending a letter out to the person with a picture of yourself on which you ask them to put on their fridge. You can then refer back to this when you first call.

Don't rely on the person remembering your call, try to stay away from phrases like 'don't you remember' or 'can you remember'.

It can be helpful to link back to previous positive conversations you have had in the past to create connection and to use humour when appropriate to put the person at ease.

It might also be helpful to think about when you are calling the person, what is the best time for them?

*If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.*

## **Passing the time**

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

### Play sticky spider web

You will need some tape and some paper

1. Stick some tape on a door frame. Sticky side facing the room you are going to play in.
2. Sit down facing the door frame with some scrunched-up piece of paper/newspaper
3. Throw the scrunched-up paper at the tape.
4. See how many stick
5. Can you beat your record?

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

## **Joke of the day**

Why did the boy throw a stick of butter out of the window?

Because he wanted to see a butterfly.

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

## Enrichment for the Elderly