

August 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Depending on the weather on the day – We will also carry out outdoor activities, Sports Day or just enjoying the fresh air with Ice-Creams treats.</p>				<p>AM – Armchair Exercise with Music 1</p> <p>PM – Afternoon Sing Along with Paul</p>	<p>AM – Flower Arranging 2</p> <p>PM – Crossword & Afternoon Quiz</p>	<p>3</p>
<p>AM – Making Music Together 4</p> <p>PM – Afternoon Karaoke & Sing Along with Paul</p>	<p>AM – Music in Mid Session 5</p> <p>PM – Dominos & other Table Games. Making Butterfly Suncatchers</p>	<p>AM – Ball or Music Bingo 6</p> <p>PM – Paper Mache Lanterns</p>	<p>AM – Armchair Exercise with Music 7</p> <p>PM - Make our own Butterfly Suncatchers</p>	<p>AM – Colour by Numbers 8</p> <p>PM – Karaoke Afternoon with Members, Staff & Members</p>	<p>AM – Making/Baking Biscuits 9</p> <p>PM – Ball or Music Bingo</p>	<p>10</p>
<p>AM – Making Music Together 11</p> <p>PM – Afternoon Sing Along wit Paul</p>	<p>AM – Music in Mid Session 12</p> <p>PM – Knit & Natter. Table Games Drafts/Dominos</p>	<p>AM – Armchair Exercise with Music 13</p> <p>PM – Crossword & Music Quiz</p>	<p>AM – Crossword & Music Quiz 14</p> <p>PM – Afternoon Karaoke with Members & Staff</p>	<p>AM – Pass the Balloon & Parachute 15</p> <p>PM – Sing Along with Paul & Shell Painting</p>	<p>AM – Dominos & other Table Games 16</p> <p>PM – Who Wants to be a Millionaire Quiz</p>	<p>17</p>
<p>AM – Making Music Together 18</p> <p>PM – Karaoke with Paul & Members</p>	<p>AM – Music in Mid Session 19</p> <p>PM – Paper Mache Lanterns & Table Games</p>	<p>AM – Crossword & Pass the Balloon 20</p> <p>PM – Afternoon Karaoke with Members</p>	<p>AM – Ball or Music Bingo 21</p> <p>PM – Dominos & Make our own Butterfly Suncatchers</p>	<p>AM – Armchair Exercise with Music or Music Bingo 22</p> <p>PM – Sing Along with Paul</p>	<p>AM – Make our own Butterfly Suncatchers 23</p> <p>PM – Music or Ball Bingo</p>	<p>24</p>
<p>25</p> <p>Closed</p>	<p>AM – Music in Mid Session 26</p> <p>PM – Shell Painting, Domino's & Bingo</p>	<p>AM – Name that TV Tune & 60s Quiz 27</p> <p>PM – Make our own Butterfly Suncatchers</p>	<p>AM – Armchair Exercise with Music & Pass the Balloon 28</p> <p>PM – Afternoon Sing Along</p>	<p>AM – Music or Ball Bingo 29</p> <p>PM – Sing Along with Paul & Afternoon Quiz</p>	<p>AM – Shell Painting 30</p> <p>PM – Crossword & 60s/70s Quiz</p>	<p>31</p>