

July 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	AM – Music in Mind 1 Session PM – Outdoor Sports Day & Dominos/Board Games	AM – Armchair 2 Exercise & Reminiscing PM - Create your own Book Mark	AM – Flower 3 Arranging & Quiz & PM – Table Games & Afternoon Sing Along or Outdoor Sports Day	AM – 4 Making/Baking your Biscuits PM – Outdoor Sports Day or Music or Ball Bingo	AM – Armchair 5 Exercise & Bingo PM – Outdoor Sports Day	6
AM – Making Music 7 Together PM – Afternoon Sing Along with Paul or Outdoor Sports Day	AM – Music in Mind 8 Session PM – Afternoon Table Games # Dominos & Drafts with Cheese Tasting	AM – Jar Decorating 9 & Dominos/Board Games PM – Outdoor Sports Day or Afternoon Karaoke	AM – Shell 10 Painting (Crafts) PM – Karaoke & Cheese Tasting Treat	AM – Create your 11 own Book Mark PM – Afternoon Sing Along with Paul	AM – Cake 12 Decorating PM – Table Games/ Dominos or Board Games	13
AM – Making 14 Music Together PM – Afternoon Karaoke with Cheese Tasting	AM – Music in 15 Mind Session PM – Knit & Natter. Dominos & Mosaic Tile Crafts or Sports Day	AM – Armchair 16 Exercise & Crossword/Quiz PM – 60s/70s Music Quiz	AM – Create your 17 own Book Mark & Quizzes PM – Outdoor Sports Day or Music or Ball Bingo	AM –Crossword & 18 Music or Ball Bingo PM – Karaoke Afternoon with Cheese Tasting	AM – Reminiscing 19 & Music Quiz PM – Floor Games & Parachute or Sports Day	20
AM – Making 21 Music Together PM – Outdoor Sports Day or Music Quiz & Sing Along	AM – Music in 22 Mind Session PM – Table Games Dominos & Jar Decorating	AM – Shell 23 Painting (Crafts) PM – Music or Ball Bingo & Cheese Tasting	AM - 24 Making/Baking our own Biscuits PM - Mosaic Tiles Crafts	AM – Shell 25 Painting (Crafts) or Outdoors Sports Day PM – Afternoon Sing Along with Paul	AM – Quiz, 26 Crossword & Bingo PM – Crafts with Rock Painting	27
AM – Making 28 Music Together PM - Create your own Book Mark or Name that Tune	AM – Music in 29 Mind Session PM – Biscuits Decorating & Sing Along	AM – 30 Making/Baking our own Biscuits PM – Karaoke Sing Along or Outdoor Sports Day	AM – Armchair 31 Exercise & Crosswords PM - Shell Painting (Crafts)	Throughout the warmer months, we will be providing cooler refreshments to everyone hydrated.		