September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM – Lets make 1 music together	AM – Music in Mind 2	AM – Exercise to 3 Music & Music Quiz	AM – Name that TV 4 Show & Crossword	AM – Parachute & 5 pass the Balloon	AM – Music Bingo 6	7
PM – Afternoon Sing Along with Paul	PM – Table Games – Dominos & Board Games	PM – Afternoon Karaoke	PM – Floor & Table Games. Loop the Cones & Beam Bag Throwing	PM – Sing Along with Paul	PM – Crossword & Music Quiz	
AM – Lets make 8 music together	AM – Music in Mind 9	AM – Music Bingo 10 & Crossword	AM – Dominos & 11 Board Games.	AM – Exercise to 12 Music & 60s Quiz	AM – 60s Music 13 Quiz & Crossword	14
PM – Afternoon Karaoke Sing Along	PM – Knit & Natter. Dominos & other Table Games	PM – Colour by Numbers & Crosswords	PM – Afternoon Karaoke & Dance Around your Handbag	PM – Sing Along & Dance the afternoon Away	PM – Knit & Natter & Paint by Numbers	
AM – Lets make 15 music together PM - Sing Along with Paul & Cream Tea Treat	AM – Music in 16 Mind PM – Crosswords, Dominos & 60s Music Quiz	AM – Exercise to 17 Music & Music Quiz PM - Afternoon Sing Along with Cream Tea Treat	AM – Parachute & 18 pass the Balloon PM - Afternoon Sing Along with Cream Tea Treat	AM – Ball or Music 19 Bingo PM – Dance around our Handbags & Sing Along to our Favorite Music	AM – Parachute & 20 pass the Balloon PM – Floor Games – Snakes & Ladders etc.	21
AM – Lets make music together PM – Group Sing Along with our favorite Songs	AM – Music in 23 Mind PM – Floor & Table Games with Cream Tea Treat	AM – Name that TV Tune & Guess the Sound PM – Afternoon Karaoke	AM – Exercise to 25 Music & Music Quiz PM – Karaoke Sing Along & Dancing	AM – Parachute & 26 pass the Balloon PM - Sing Along with Paul & Cream Tea Treat	AM – Music Bingo 27 PM – Afternoon Sing Along with Cream Tea Treat	28
AM – Lets make 29 music together	AM – Music in 30 Mind	Other activ	ities will he ca	rried out throu	ahout the weel	ks – Crafts

PM – Dominos &

PM – Sing & Dance Around our Handbags other Board Games.

Other activities will be carried out throughout the weeks – Crafts, Puzzles, Quizzes, Dancing & more