

Step Out Monthly Activities Calendar - April 2026

For more information on specific activities, please call 0161 480 0480

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1st AM - Armchair Exercise to Music PM - Reminiscing & Quiz	2nd AM - It happened in April quiz PM - Dominos & Music or Ball Bingo	3rd <p style="text-align: center;"><u>CLOSED</u></p>	4th <p style="text-align: center;"><u>CLOSED</u></p>
6th <p style="text-align: center;"><u>CLOSED</u></p>	7th AM - Music in Mind PM - Parachute Group Session & Dominos	8th AM - Name that TV Tune PM - Armchair exercise & Arts and Crafts	9th AM - Morning sing along PM - Play your cards right & Quiz	10th AM - Music Quiz PM - Animal Earbud painting	11th AM - Reminiscing & Quiz PM - Karaoke sing along
13th AM - Lets make Music Together PM - Reminiscing, Arts & Crafts	14th AM - Music in Mind PM - Afternoon Karaoke Sing Along with Members	15th AM - Reminiscing & Quiz PM - Pamper afternoon and Karaoke	16th AM - Ball Bingo PM - Parachute Group Session & Floor Games	17th AM - General Knowledge Quiz PM - Music or Ball Bingo	18th AM - Crossword & Quiz PM - Parachute Group Session & Floor Games
20th AM - Lets make Music Together PM - Parachute Group Session & Floor Games	21st AM - Music in Mind PM - Pie & pint and Reminiscing	22nd AM - Name that TV Tune & Who I'm I Quiz PM - Parachute Group Session & Floor Games	23rd AM - Let's decorate our own bun's PM - St George's afternoon tea with a quiz.	24th AM - Reminiscing & Quiz PM - Afternoon Karaoke Sing Along with Members	25th AM - Armchair Exercise to Music PM - Who Wants to be a Millionaire Quiz
27th AM - Let's make Music Together PM - Musical bingo	28th AM - Music in Mind PM - Karaoke sing along	29th AM - Music Quiz PM - Arts & crafts and Flower arranging	30th AM - Reminiscing & Quiz PM - Musical bingo		