

October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Other Activities will be carried out throughout the days & weeks. This is from Reminiscing, Games/Puzzles, Quizzes, Music/ Singing & other Arts & Crafts & more		AM – Crosswords & 1 Music Quiz PM – Afternoon Music or Ball Bingo	AM – Armchair 2 Exercise with Music & Reminiscing PM – Jar Decorating & Flower Arranging	AM – Parachute & 3 Balloon group fun PM – Dominos & other table Games	AM – Armchair 4 Exercise to Music PM – Rock Painting & Afternoon Quiz	5
AM – Lets Make 6 Music Together PM – Afternoon Sing Along	AM – Music in Mind 7 PM – Dominos & other Table Games. Box of Reminiscing	AM – Parachute & 8 Balloon Group Fun Games PM – Afternoon Karaoke & Dance Around your Handbag	AM – Morning Sing 9 Along PM - Dominos & other table Games	AM – Armchair 10 Exercise to Music PM – Music Bingo or Ball Bingo	AM – Crossword & 11 60s Quiz PM – Music or Ball Bingo	12
AM – Lets Make 13 Music Together PM – Christopher Columbus Trivia & Quiz. Great Explorers Quiz	AM – Music in 14 Mind PM – Music or Ball Bingo. Dominos & Other Table Games	AM – Armchair 15 Exercise to Music & Music Quiz PM – Afternoon Group Sing Along	AM – Crosswords 16 & Name that TV Tune PM - Afternoon Karaoke & Dance Around your Handbag	AM – Parachute & 17 Balloon Group Fun Games PM – Dominos & Other Table Games	AM – Parachute & 18 Pass the Balloon PM – Music Quiz & Reminiscing	19
AM – Lets Make 20 Music Together PM – Music Quiz Sing Along	AM – Music in 21 Mind PM – Halloween Arts & Crafts Bunting Style	AM – Music or Ball 22 Bingo PM - Picasso's Line Drawing Arts & Crafts	AM – Crosswords 23 & 60s/70s Music Quiz PM - Halloween Arts & Crafts with Rocks	AM – Morning 24 Sing Along PM – Picasso's Line Drawing Arts & Crafts	AM – Armchair 25 Exercise to Music PM – Name that TV Tune	26
AM – Lets Make 27 Music Together PM - Halloween Arts & Crafts with Rocks & Treats	AM – Music in 28 Mind PM - Halloween Arts & Crafts with Rocks & Treats	AM – Halloween 29 Bingo & Quiz PM – Halloween Karaoke Sing Along with Halloween Treats	AM – Halloween 30 Bingo & Quiz PM – Halloween Arts & Crafts with Rocks with Treats	AM – Parachute & 31 Balloon Group Fun Games PM - Halloween Karaoke Sing Along with Halloween Treats		