



Step Out Monthly Activities Calendar - March 2026

For more information on specific activities, please call 0161 480 0480

Other activities will be carried out throughout the month on a day-to-day basis. This will include afternoon tasting treats and other types of arts and crafts

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 AM: Armchair Exercise to Music PM: Lets Make Music Together	3 AM: Music in Mind PM: St Patrick's afternoon decorations & games	4 AM: Crossword & Music Quiz PM: Afternoon Karaoke	5 AM: 60s Music Bingo PM: Dominos & other Board Games	6 AM: Parachute & Floor Games PM: Afternoon Movie & Reminiscing	7 AM: Crossword & Reminiscing PM: Tree/Earbud Painting
9 AM: Lets Make Music Together PM: Group Sing Along	10 AM: Music in Mind PM: Ball or Music Bingo	11 AM: White Board Games & Name that TV Tune PM: Parachute & Floor Games	12 AM: Armchair Exercise to Music PM: Shamrock Decorating Crafts	13 AM: Who I'm I Quiz & Crossword PM: Shamrock Decorating Crafts	14 AM: Ball Bingo PM: Shamrock Decorating Crafts
16 AM: Lets Make Music Together PM: Shamrock Making Crafts	17 AM: Music in Mind PM: Irish Quiz & Music/Dancing	18 AM: Armchair Exercise & Crossword PM: Group Sing Along	19 AM: Morning Sing Along PM: Tree/Earbud Painting	20 AM: Armchair Exercise to Music PM: Afternoon Karaoke	21 AM: Dominos & Board Games PM: Music or Ball Bingo
23 AM: Lets Make Music Together PM: Tree/Earbud Painting	24 AM: Music in Mind PM: Dominos & Table Games	25 AM: 60s Music Bingo PM: Reminiscing 50s,60s & 70s	26 AM: Crossword & 60s Music Quiz PM: Afternoon Karaoke	27 AM: Parachute & Floor Games PM: Tree/Earbud Painting	28 AM: Armchair Exercise to Music PM: Afternoon Movie
30 AM: Lets Make Music Together PM: Name that TV Tune & 60s Quiz	31 AM: Music in Mind PM: White Board Games & Dominos				