

Step Out Monthly Activities Calendar - June 2026

For more information on specific activities, please call 0161 480 0480

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st AM - Lets make music together. PM -Dominoes, cards, board games.	2nd AM - Music in mind PM – Pizza making Reminiscing	3rd AM – Armchair exercises PM - Parachute Group Session & Floor Games	4th AM - PM - Dominos & Music or Ball Bingo	5th AM -crosswords & Quiz. PM -Karaoke with members and staff.	6th AM – Quiz & reminiscing PM – Pamper afternoon
8th AM -Lets make music together. PM – Music / ball bingo	9th AM - Music in Mind PM - Parachute Group Session & Dominos.	10th AM - Name that TV Tune PM - Karaoke with members and staff	11th AM - Crossword & Quiz PM - earbud painting Reminiscing with a cuppa	12th AM - 60s/70s Music Quiz PM - Parachute Group Session & Floor Games	13th AM - Quiz, reminisce PM - Good old sing along
15th AM - Lets make Music Together PM - Arts & crafts. Reminiscing with a cuppa	16th AM - Music in Mind PM - Afternoon Karaoke Sing Along with Members	17th AM - Reminiscing & Who I'm I Quiz PM - Afternoon Movie & Group Puzzle Making	18th AM - Ball Bingo PM - Pub lunch	19th AM - General Knowledge Quiz PM - Music or Ball Bingo	20th AM - Crossword & Quiz PM - Parachute Group Session & Floor Games
22nd AM - Lets make Music Together PM - Parachute Group Session & Floor Games	23rd AM - Music in Mind PM - Dominos & other Table Games. Wooden/Tiles Art & Crafts	24th AM - Quiz & pamper PM - Parachute Group Session & Floor Games	25th AM - Quiz, reminiscing PM - Ball / music bingo	26th AM - Reminiscing & Who I'm I Quiz PM - Lets celebrate love. Party	27th AM - Armchair Exercise to Music PM - Who Wants to be a Millionaire Quiz
29th AM – Let's make music together. PM – Musical bingo.	30th AM -Music in mind. PM – Karaoke with staff & members.				