

**Age UK Stockport is open.** We are here, although now working from our homes. We are dealing with many calls, so if you can't get through please make sure you leave your name and number and we will get back to you. Also if you know of someone locally who needs some extra support during this time let them know about us.

Please just contact us by telephone on **0161 480 1211** or by email [info@ageukstockport.org.uk](mailto:info@ageukstockport.org.uk)

**Activities & Services:** Government guidance means our offices remain closed and our regular groups and events are still cancelled. Also for everyone's protection we also need to follow social distancing rules of staying 2 meters (6 feet) apart. However we are still here to help and support in any way we can. We have 're-purposed' all our work to help out with what is needed now to help you stay safe. **So if you are in need give us a call.**

- ◆ We can help practically to get food and other essential deliveries to your door.
- ◆ We can keep you in contact with people, providing a friendly chat or support over the telephone.
- ◆ Our Information & Advice Team are also still working on 0161 477 1213.
- ◆ We can do our best to help you sort out other issues that may arise and cause concern.

**More Info?** For further information you can contact the Age UK national helpline on **0800 678 1602**, 8am-7pm, 365 days a year, visit their website <https://www.ageuk.org.uk/information-advice/health-wellbeing/conditions-illnesses/coronavirus/> or download the Coronavirus leaflet in our News section.

### Need to talk now?

The Silver Line on **0800 470 8090** is open 24 hours a day, every day of the year.

### What if I'm worried I may have the virus?

If you have any questions or concerns go to the NHS online to: <https://111.nhs.uk/covid-19/> or to call 111.

Age UK Stockport  
56 Wellington Street  
SK1 3AQ

Telephone: 0161 480 1211

Email: [info@ageukstockport.org.uk](mailto:info@ageukstockport.org.uk)

Website: [www.ageukstockport.org.uk](http://www.ageukstockport.org.uk)