

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Brinnington Community Walk. 10:30am</p> <p>Meet at Hollow End Towers, Northumberland Road, SK5 8NY</p>	<p>Brinnington Community Clean. 9am - 10.30am</p> <p>Meet at Brinnington Park Leisure Complex, SK5 8LS</p>	<p>Confidence Walk. 10.30am to 11.30am</p> <p>Held at Brinnington Park Leisure Complex, SK5 8LS</p>	<p>Coffee Morning. 10.30am to 12 noon</p> <p>Held at Brinnington Park Leisure Complex, Northumberland Road, Stockport SK5 8LS</p>	<p>Gym Session. 10.30am</p> <p>Held at Brinnington Park Leisure Complex, SK5 8LS</p>	<p>Saturday Social Walk. 10am</p> <p>Held on the first Saturday of each month from various locations around Stockport lasting for 2- 2½ hours.</p>
	<p>Confidence Class. 10am - 11am</p> <p>Held at Life Leisure, Houldsworth Village, Broadstone Rd, Reddish, SK5 7AT (adjacent to Broadstone Mill)</p>		<p>Free Chair based Exercise Class followed by a Light Meal. 12.15pm- 1pm</p> <p>Held at Brinnington Lighthouse Centre, SK5 8LS</p>		
	<p>Community Bingo. 11:30am – 1:00pm Free</p> <p>At Brinnington Park Leisure Complex, SK5 8LS</p>		<p>Confidence Class. 1:30pm – 2:30pm</p> <p>At The Bramhall Village Club, 2 Melbourne Road, Bramhall, SK7 1LR</p>		
	<p>Confidence Walk-Life. 1pm – 2pm</p> <p>Leisure Avondale, Heathbank Road, Cheadle Heath, SK3 0UP</p>				