



Age UK Stockport Newsletter

August  
2025

**Welcome to the Age UK Stockport (AUKS) News Sheet!**  
Bringing you the latest news and information about our services and events.

### Community Spirit in Full Swing!



Throughout July, our community came together in the most heart warming way to support our **40th Anniversary fundraising campaign** — and what a month it's been!

On Thursday 10th July, our wonderful Tandem Support Team hosted a lively Tombola and Raffle Afternoon, and what a fantastic event it turned out to be!

Thanks to the incredible efforts of Yvonne, who not only sourced a fabulous selection of prizes but also contributed her own stunning original paintings, guests had plenty to get excited about.

Many lucky winners went home with beautiful artwork and amazing raffle goodies — and there are still a few of Yvonne's pieces on display, and available to purchase at The Hub for those who missed out.

A huge well done to all our prize winners and an even bigger thank you to everyone who took part. Your support helps us move closer to our fundraising goals for the year — and reminds us just how powerful community spirit can be.

On Monday, 14th July, our hub was buzzing with laughter, creativity, and a shared purpose as we hosted a joyful day of fundraising fun.

Outdoor stalls were brimming with lovingly handcrafted treasures from our wonderfully talented 'Knit and Natter' group — from charming dolls and teddy bears to delightful worry worms, each item was made with care and snapped up with smiles.

Our Home Support Team set up a beautiful stall featuring new homeware, carefully curated hampers, and a lucky dip that brought out everyone's inner child. Meanwhile, everyone had a blast at the games stall, trying their hand at traditional fete games like hoop toss and hook-a-duck.

There was something for everyone — from an information stand to a stall full of fantastic prizes, including a Stockport County football signed by the entire team, generously donated by the Stockport County Community Trust.

Inside the hub, the excitement continued with a bustling tombola, made possible by our incredible Sky Time to Care manager and dedicated volunteers.

The day was a true celebration of community, generosity, and good cheer - we were even blessed with mostly good weather!

Thanks to the amazing support of everyone who came along, donated, volunteered, or simply cheered us on, we made another big step toward reaching our anniversary goal.

A heartfelt thank you to each and every one of you — here's to 40 years of making a difference, and many more to come!

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**Hundreds of thousands of older and disabled people to  
benefit from free round-the-clock bus travel from 1st August**

# **Round-the-clock free bus travel for older and disabled people**

**Pilot 1–31 August**



**BEE NETWORK**



For all of August, the around 400,000 older and disabled people in Greater Manchester will benefit from round-the-clock travel on Bee Network buses as part of a new trial.

The trial will better connect people to healthcare, leisure and retail opportunities.

Currently, people with TfGM-issued concessionary travel passes can travel for free on buses between 9.30am and midnight during the week and all day on weekends and public holidays.

From Friday (1 August), this pre-9.30am travel restriction will be lifted on a trial basis for a month.



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## Celebrating Partnerships at the TSCG Summer Social!



Hazel and Gemma from Age UK Stockport recently had the pleasure of attending the Trafford and Stockport College Group's Summer Social — and what a brilliant evening it was!

The event was a fantastic celebration of everything achieved over the past year, filled with meaningful conversations, fresh ideas, and exciting glimpses into the future. It was a great chance to connect, reflect, and look ahead to even more impactful collaboration.

Age UK Stockport and TSCG have built a strong and trusted partnership over the years — from Welcome Wednesdays to work experience programmes and beyond. Together, we're helping shape opportunities that really make a difference.

We're proud to be part of this growing relationship and can't wait to see what we'll achieve next, side by side. Here's to future plans, shared purpose, and even greater impact!

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## Latest News from Step Out Day Centre



What a busy summer we are having at the Step Out Day Centre!

Our members have enjoyed all sorts of activities over the last month. We've been crafting like crazy creating everything from stained glass windows to mosaic tiles. We've also been taking advantage of planting season to do some indoor and outdoor planting and gardening.

We try to ensure there is something for everyone when designing our activities. Group activity also brings people together, with many new friendships created.

Step Out is a day-time service for adults offering a safe and welcoming place where people can socialise, join in with structured activities and receive support and assistance.

Activities include, craft sessions, singing, games, reminiscence, hairdressing, gardening plus lots more.

Step Out is a charged for service.

For more information

Email: [info@stepoutstockport.org](mailto:info@stepoutstockport.org)

Telephone: 0161 480 0480

Step Out Day Centre

Whitehill Resource Centre

Whitehill St

Stockport

SK5 7LW

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## Latest News From The Hub

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### A Crafty Day Out at the Stockport War Memorial Gallery

On Friday 18th July, our Age UK Stockport craft group marked a very special finale to our creative sessions. This time, instead of gathering around the craft table, we ventured out for something a little different—and truly memorable.

Joined by our wonderful tutor Alison from The Trafford and Stockport College Group, we visited the Stockport War Memorial Gallery for a guided tour. We were warmly welcomed by Katherine and the fantastic gallery team, who shared their knowledge and passion with us throughout the day.

Katherine gave a moving and inspiring talk about the memorial room, setting the tone for an afternoon full of reflection, pride, and artistic discovery. From there, we explored the gallery freely, taking in a range of incredible artworks—all created by talented locals from Stockport.

Among the exhibits were pieces made by none other than our very own craft group!

For many, the idea of becoming an artist, let alone having their work displayed in a public gallery, had once seemed impossible. Yet here they were, senior students turned proud exhibitors.

It was a powerful reminder that creativity has no age limit, and that with support and encouragement, amazing things can happen.

If you find yourself with a bit of time this summer, we highly recommend a visit to the Stockport War Memorial Gallery for their free Centenary Exhibition. Take in the inspiring works, vote for your favourite piece, and maybe even discover a hidden gem created by someone you know!

**The Craft Group meet regularly at:**

**Age UK Stockport Hub**

**2 Castle Street, Edgeley**

**SK3 9AB**

**Contact 0161 480 1211**

**Email: [Thehub@ageukstockport.org.uk](mailto:Thehub@ageukstockport.org.uk)**

### **KOKU Exercise class at The Age UK Stockport Hub**

Join us for our first FREE KOKU exercise class. A 12-week course starting this summer. 10 places available, call Age UK Stockport on 0161 480 1211 to reserve your place. Enrolment onto the course will be closed once the first 10 places are taken.

Bookings for the autumn course will be opened at the start of September.





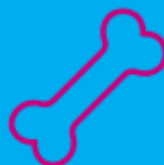
# FREE STRENGTH AND BALANCE EXERCISE CLASS



STRENGTHEN MUSCLES  
AND BONES

IMPROVE BALANCE  
AND FUNCTION

MAINTAIN MENTAL  
WELLBEING



EVERY MONDAY, 12 MIDDAY – 1 PM  
THE AGE UK STOCKPORT HUB.  
2 CASTLE STREET, EDGELEY, SK3 9AB.

Spaces are limited!  
Reserve your spot now  
for our 12 week course by  
calling 0161 480 1211.

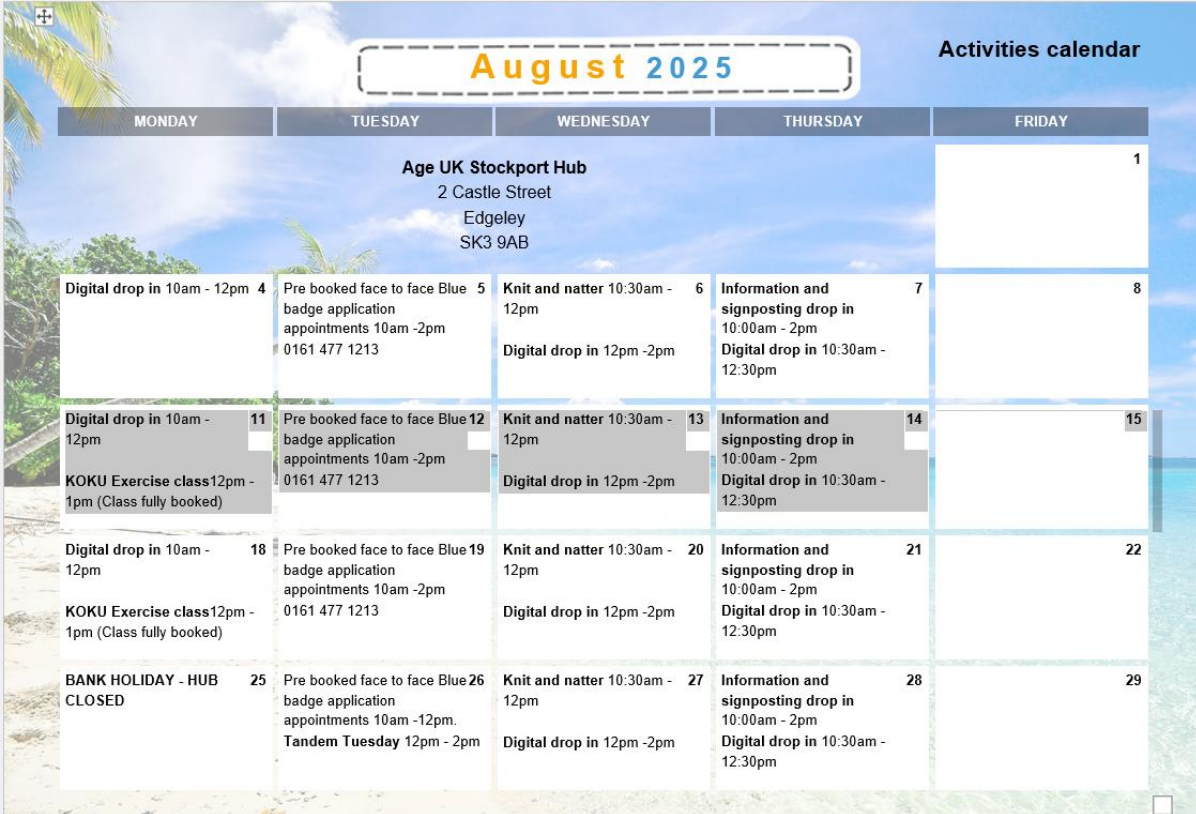
FACILITATOR  
HAYLEY HENDERSON

[WWW.AGEUK.ORG.UK/STOCKPORT](http://WWW.AGEUK.ORG.UK/STOCKPORT)

## More Activities at the Hub

THIS SHEET IS AVAILABLE AS A SEPARATE DOCUMENT ON REQUEST FOR EASIER READING – TO REQUEST A COPY PLEASE EMAIL

[Newsletter@ageukstockport.org.uk](mailto:Newsletter@ageukstockport.org.uk)

<div>  <div> <div>August 2025</div> <div>Activities calendar</div> </div> </div>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Age UK Stockport Hub</b> 2 Castle Street Edgeley SK3 9AB				1
Digital drop in 10am - 12pm 4	Pre booked face to face Blue badge application appointments 10am -2pm 0161 477 1213 5	Knit and natter 10:30am - 12pm 6  Digital drop in 12pm -2pm	Information and signposting drop in 10:00am - 2pm 7  Digital drop in 10:30am - 12:30pm	8
Digital drop in 10am - 12pm 11  KOKU Exercise class 12pm - 1pm (Class fully booked)	Pre booked face to face Blue badge application appointments 10am -2pm 0161 477 1213 12	Knit and natter 10:30am - 12pm 13  Digital drop in 12pm -2pm	Information and signposting drop in 10:00am - 2pm 14  Digital drop in 10:30am - 12:30pm	15
Digital drop in 10am - 12pm 18  KOKU Exercise class 12pm - 1pm (Class fully booked)	Pre booked face to face Blue badge application appointments 10am -2pm 0161 477 1213 19	Knit and natter 10:30am - 12pm 20  Digital drop in 12pm -2pm	Information and signposting drop in 10:00am - 2pm 21  Digital drop in 10:30am - 12:30pm	22
BANK HOLIDAY - HUB CLOSED 25	Pre booked face to face Blue badge application appointments 10am -12pm. Tandem Tuesday 12pm - 2pm 26	Knit and natter 10:30am - 12pm 27  Digital drop in 12pm -2pm	Information and signposting drop in 10:00am - 2pm 28  Digital drop in 10:30am - 12:30pm	29

Join us at the Light



 Stockport  
**age UK**

**the light** Stockport  
PRESENTS  
**THE DUKE**

FOOD, FILM AND FUN  
WITH FRIENDS.  
JOIN AGE UK  
STOCKPORT

**11<sup>TH</sup> SEPTEMBER**  
STARTS AT 11AM  
TICKETS ONLY £5  
FOOD AND FILM INCLUDED.

TO BOOK YOUR PLACE  
CALL 0161 480 1211  
LIMITED AVAILABILITY

THE LIGHT STOCKPORT  
REDROCK UNIT 10  
BRIDGEFIELD STREET,  
STOCKPORT, SK1 1SA

[WWW.AGEUK.ORG.UK/STOCKPORT](http://WWW.AGEUK.ORG.UK/STOCKPORT)





We rely on your support to help older people in Stockport.

Giving online is quick and easy. You can make a one-off donation or a regular donation to support our work and specify your own amount to donate.

All donations received by Age UK Stockport will be used locally to the benefit of local people. Your donation makes a real difference and a little bit of help really does go a long way.

Follow the QR Code to Donate or visit our website at:

<https://www.ageuk.org.uk/stockport/get-involved/donate/>



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## Contact us:

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SK1 3AQ

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