

Age UK Stockport Monthly News

WELCOME to the latest edition of the Age UK Stockport (AUKS) monthly news, where you can find out what's happening both within AUKS and also in the wider community.

Future copies are available on our website www.ageukstockport.org.uk or by signing up to email info@ageukstockport.org.uk (you may unsubscribe at any time).

If you would like a paper copy, you can collect one from the Information and Advice Office in Merseyway, or ask a member of the Age UK Stockport team.

Fantastic news - 
Sky Stockport
have chosen AUKS as their
charity of the year 2020!

A Big 'Thank you'



On Wednesday 22nd January we held our Winter Warmth and Wellbeing Event and we would like to say 'thank you' to everyone, including the Mayor, Councillor Laura Booth, who joined us at the Stockport Masonic Guildhall. We would also like to thank the students from Stockport College who provided hand and arm massages and

buff and polishes; all the stall holders who provided information about keeping warm and well during the cold weather; all the local businesses who provided raffle prizes and particular thanks to Equilibrium Asset Management LLP, who supported the winter warmth bag that all our guests received.



**'THANK YOU' ALL
FOR MAKING THE
DAY SO SPECIAL!**



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Make Care Fair

The new Make Care Fair petition aims to show the public demand for the Prime Minister to keep his promise. Please join us by signing and sharing the Age UK petition.

As we know, the care system is leaving many older people and carers to struggle. We also know what a difference good care can make to people's lives. Boris Johnson has promised to fix care this parliament - Age UK are campaigning to hold him to this promise.

If you would like to join us you can sign the letter by [Clicking Here](#) which will take you to the Age UK Petition page or you can sign a hard copy version at our Information and Advice office in Merseyway.

The letter being sent in the Petition reads as follows,

Dear Prime Minister,
Everyone should be able to get good quality care when they need it. However, at the moment our broken system condemns 1.5 million older people to struggle on alone. It robs them of their dignity, leaves families without support, and costs people their life savings.

Please keep your promise and set out a plan to fix care for good. We need a new national system that is fair, free at the point of use and available to all of us when we need it.

Yours sincerely,



Partnership with Sky & Dirty Dancing!

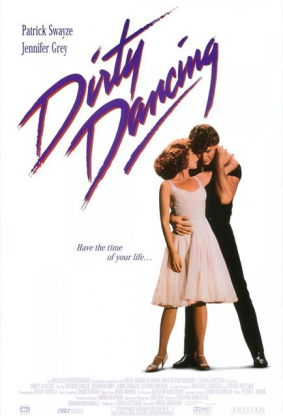
We are very excited to tell you about Sky's new partnership with AUKS. We will be working with Age UK national and Sky Cares through a 3 year partnership AND with Sky Stockport as they have chosen us as their charity of the year 2020!

The first event of many with Sky Stockport will be on **12th February for a Valentine special!** With use of Sky Stockport's Cinema room, they will be doing two special showings of 'Dirty Dancing' followed by tea, coffee and biscuits.

The first showing is **10:30am** – 12:30pm and the second showing will be **2.00pm** – 4.00pm.



Places are limited! To book your FREE place or for more information call 0161 480 1211 or email info@ageukstockport.org.uk

 Welcome to
Sky Stockport

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Changes at Tandem Support Service

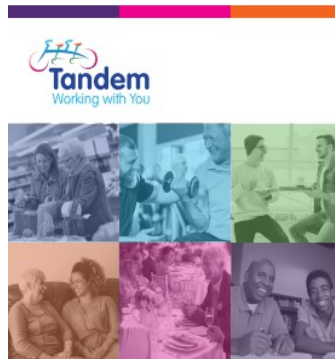
We have a new Manager of the Tandem Support Service here at Age UK Stockport, Sue Nicolson. She started at the beginning of the year and said recently "I'm settling in nicely, getting to grips with the processes and procedures and getting to know the staff team. I have been well supported by all the staff."



The Tandem service offer a tailored package to support adults - for such things as companionship, maybe someone to go shopping with or to chat to at home. We will also attend social activities and groups or accompany to medical appointments, or give a carer some respite whilst sitting with their loved one. We support people with various conditions such as Dementia, Parkinson's etc.

Tandem is about enabling people to stay independent at home We carefully match our support staff to people and are committed to ensuring our service is friendly, flexible and person led.

For more information or an informal chat please call 0161 480 1211 (Monday to Friday 9am to 5pm)



It's the small things that make the biggest difference!

Out and About Last Month

In the past month we have been out and about at various events. Including:

- 60+ drop in launch event at Stockport Plaza
- 3M's (monthly Monday meeting), at Dialstone Lane Methodist Church
- Age UK Stockport's Annual Winter Warmth and Wellbeing Event at Stockport Masonic Guildhall

If you would like AUKS to be involved with an event you are organising please let us know, by contacting us on the details below.



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Dates For Your Diary - February 20

Date	Event	Time
6th February	Walk and Talk Stockport - Time To Talk Day 2020. A number of Stockport organisations are coming together to offer a short Walk and Talk session, with the opportunity to grab refreshments afterwards at a café. Why not pop along and join us? All are welcome. Meeting outside Stockport Produce Hall, 24a Market Place, SK1 1EU . We anticipate a short walk (20 minutes) around the town centre and will finish at Café SQ, 59 St. Petersgate, SK1 1DH, where we can have a well-earned sit down, brew or soft drink, a bite to eat and a chat. If you have any questions, please get in touch - info@stockportmind.org.uk or 0161 480 7393.	2pm
11th & 28th February	Travel Club Coffee Afternoon - At the Hat Works Café Wellington Rd South, Stockport SK3 0EU. Come and find out about the Travel Club and our day trips.	2pm - 4pm
12th February	Valentines Film at Sky Cinema Stockport - With use of Sky's Cinema room, we will be doing 2 special showings of 'Dirty Dancing' followed by tea, coffee and biscuits. Places are limited! To book your FREE place; please call 0161 480 1211 or email info@ageukstockport.org.uk .	10.30 am - 12.30 pm & 2pm- 4pm
10th & 27th March	Travel Club Coffee Afternoon - At the Hat Works Café Wellington Rd South, Stockport SK3 0EU. Come and find out about the Travel Club and our day trips	2pm - 4pm
16th – 22nd March	March Nutrition and Hydration Week - More details to follow. Further information can be found at www.nutritionandhydrationweek.co.uk	

For more information and to keep up to date with what's happening visit www.ageuk.org.uk/stockport/activities-and-events/events

Age UK Stockport is a registered charity 1139547

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