



Age UK Stockport Newsletter

June 2025

Welcome to the Age UK Stockport (AUKS) News Sheet!
Bringing you the latest news and information about our services and events.



What's in a Name

Well as the graphic says, actually there's plenty!

Our name is **Age UK Stockport** – exactly as written.

No changes in order, lower or upper case, commas, dashes or any other change.

Most importantly no abbreviations - always **Age UK Stockport**.

This is not being picky - it is important from a legal perspective – as change or shortening it is referring to a different legal organisation to us! The most common change is referring to us as Age UK. Age UK is a completely different legal organisation to us – it is the national charity. Whilst we have an important brand relationship with them as part of a UK wide network, we are a completely independent separate legal charity.

A good example is donations. Sometimes people will tell us they have donated to Age UK after good work done by Age UK Stockport workers here in Stockport. As 'Age UK' is its own legal entity that money goes to them and does not come to Age UK Stockport!

Please look out for us - we are **Age UK Stockport**.

Thank you.

Ms. Margaret J Brade LLB, BSc, MBA

Chief Executive



Warm Homes Programme

As we head into warmer weather you may not be aware that Age UK Stockport is already thinking about the support we can offer during the Winter months.

The Age UK Warm Homes programme has supported older people to stay warm and well during the cold months for over a decade. Age UK Stockport is proud to deliver this programme locally.

Our Handy Help Service carried out 500 home energy checks over the last 12 months.

Our trusted handypersons can visit your home to check how energy efficient it is. The handyperson can fit appropriate equipment to increase the energy efficiency. This includes things like:

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- energy saving light bulbs
 - draught excluders
 - reflective radiator panels
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The handyperson can also offer practical tips to help you keep your fuel bill down.

If eligible, this service is delivered at no cost as the programme is funded by energy suppliers to support the most vulnerable and fuel poor older individuals. Feedback from those receiving this support has again been overwhelmingly positive this year and we are hopeful the programme will be delivered again for the next 12 months.

A Heartwarming Tribute to VE Day – 80 Years On



This May, Age UK Stockport proudly honoured the 80th anniversary of VE Day with not just one, but two unforgettable events filled with reflection, joy, and heartfelt connection.

On Thursday 8th May, our community came together at the Hub for a truly special celebration. The room was buzzing with nostalgia and warmth as we enjoyed classic tea and cake, accompanied by singalongs to beloved wartime tunes by Vera Lynn and others. The highlight of the morning came with a beautiful solo performance by the talented Molly, whose renditions of songs from the era moved many of us.

But it was Alma's incredible wartime recollections that truly stole the show. Sharing her personal story of evacuation and childhood during WWII, Alma captivated the room. Her memories were rich, emotional, and humbling—painting a vivid picture of resilience and hope in a time of great uncertainty. Her honesty and courage brought the past to life, and we are deeply thankful for the privilege of hearing her story.

The celebration continued into Friday 9th May, where several of our clients were invited by Sky Cares to an afternoon tea like no other. Nikki and the team created a festive atmosphere bursting with colour—flags, bunting, hats, and more adorned the venue, and the energy was infectious. Guests were treated to a lavish spread of sandwiches, wraps, cakes, and fruit, all complemented by free-flowing drinks and laughter.

A few spirited games of bingo brought out everyone's competitive side, with generous prizes awarded to the lucky winners. Afterwards, we settled in for a screening of *The Great Escape* in the cinema room, complete with popcorn for that authentic movie feel. As the day came to a close, each guest left with a delightful goody bag filled with VE Day-themed gifts—a perfect memento from a truly fantastic day.

From moving memories to joyful moments, both events reminded us of the importance of coming together to remember, reflect, and celebrate. A huge thank you to Alma, Molly, Nikki, Sky Cares, and everyone who supported and visited us, making this week so meaningful.

Here's to community, to memory, and to making history come alive—together.





News From The Hub



Travel Made Simple: Stagecoach are joining us at The Age UK Stockport Hub for Bee Network App Q&A Session This June!


Get your questions answered and feel confident getting out and about.

Are you unsure about how to fill out travel forms or use the Bee Network app to get around? Help is at hand!

On **Monday, 9th June**, the Hub will welcome a special guest from Stagecoach, one of the UK's leading public transport providers, for an informative and friendly drop-in session. Whether you're a daily commuter, an occasional bus rider, or just getting started with public transport, this session is for you.

 **When:** Monday 9th June / 10am – 2pm.

 **Where:** The Age UK Stockport Hub, 2 Castle Street, Edgeley

 **Who should attend:** Anyone needing help with travel forms, using the Bee Network app, or general transport advice

This is a fantastic opportunity to ask questions about navigating the Bee Network app, applying for travel passes, understanding new routes, or accessing support for getting out and about more confidently. Whether you're tech-savvy or tech-shy, there'll be guidance available in a friendly, no-pressure environment.

Why Attend?

- Help with travel forms
- Demonstration and support for using the Bee Network app
- Updates on new services and offers from Stagecoach
- Practical advice to make travel easier and more affordable
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Don't miss out! Come along and get all the info you need to feel more connected and confident using local transport. Free refreshments provided.

June Activities

THIS SHEET IS AVAILABLE AS A SEPARATE DOCUMENT ON REQUEST FOR EASIER READING – TO REQUEST A COPY PLEASE EMAIL Newsletter@ageukstockport.org.uk

June 2025					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Digital Drop-in 10am -12pm	2 Blue Badge Appointments/ Travel pass appointments <i>Booking required 0161 477 1213</i>	4 Knit and natter group 10:30am – 12pm Digital Drop-in session 12pm – 2pm	5 Information Drop-in 10am – 2pm Digital Drop-in 10:30am - 12:30pm	6 Craft group AM10:00am - 12:00pm /PM12:30pm - 2:30pm <i>(Booking required)0161 480 1211</i>	
Digital Drop-in 10am -12pm STAGECOACH Hub Visit-Bee network app- 10am -2pm	9 Blue Badge Appointments/ Travel pass appointments <i>Booking required 0161 477 1213</i>	11 Knit and natter group 10:30am – 12pm Digital Drop-in session 12pm – 2pm	12 Information Drop-in 10am – 2pm Digital Drop-in 10:30am - 12:30pm	13 Craft group AM10:00am - 12:00pm /PM12:30pm - 2:30pm <i>(Booking required)0161 480 1211</i>	
Digital Drop-in 10am -12pm	16 Blue Badge Appointments/ Travel pass appointments <i>Booking required 0161 477 1213</i>	18 Knit and natter group 10:30am – 12pm Digital Drop-in session 12pm – 2pm	19 Information Drop-in 10am – 2pm Digital Drop-in 10:30am - 12:30pm	20 Craft group AM10:00am - 12:00pm /PM12:30pm - 2:30pm <i>(Booking required)0161 480 1211</i>	
AGE UK STOCKPORT FUNDRAISING EVENT 11:00am - 4:30pm at The Hub. (Contact Gemma for more details)	23 Blue Badge Appointments/ Travel pass appointments <i>Booking required 0161 477 1213</i> Tandem Tuesdays 2-4PM	25 Knit and natter group 10:30am – 12pm Digital Drop-in session 12pm – 2pm	26 Information Drop-in 10am – 2pm Digital Drop-in 10:30am - 12:30pm	27 Craft group AM10:00am - 12:00pm /PM12:30pm - 2:30pm <i>(Booking required)0161 480 1211</i>	
Digital Drop-in 10am -12pm	30				

Get ready for the Tandem Auction & Tombola in July



**The Tandem
'Auction & Tombola'**

 Stockport
age UK

**To be held at Age UK
Stockport's Hub on Thursday
10th July 2025 at 12.30**

Tombola tickets will be on sale in the hub prior to the event.
The Art to be auctioned off will also be on display all week from Monday 7th July.

All funds raised will go to Age UK Stockport.

We hope to see you there!

The Hub 2 Castle Street, Edgeley, Stockport SK3 9AB

Age Without Limits Day



Age Without Limits Day will take place on Wednesday 11th June 2025.

Age Without Limits Day is a day for us all to come together and take action to end ageism - as individuals, with friends and family, in our communities and in our workplaces.

Embracing ageing means recognising and valuing the diverse experiences of growing older. Most older adults are not frail or dependent, and many are actively contributing to society through work, volunteering, and caregiving. Yet they are often overlooked. By sharing stories and engaging in conversations that highlight the many different ways we age we can shift societal perceptions and appreciate the invaluable roles that older adults play in our lives.

Join us for light refreshments and chat

🕒 **When:** Monday 11th June

📍 **Where:** The Age UK Stockport Hub, 2 Castle Street, Edgeley

Get involved at AgeWithoutLimits.org #AgeWithoutLimitsDay

Stockport Pride 2025



Age UK Stockport were proud to attend and be part of Stockport pride 2025 held on Sunday 1st June 2025.

The annual festival in Stockport town centre included a parade, live entertainment, food and drink and dozens of local organisations.

We had an information stall in Stockport's Historic Market Place and were part of the parade around Stockport, it was a busy day with lots of people coming along to see and hear about our Services, and we were able to demonstrate our organisation's commitment to the local community, as well as our work on equality, diversity and inclusion in the borough.





We rely on your support to help older people in Stockport.

Giving online is quick and easy. You can make a one-off donation or a regular donation to support our work and specify your own amount to donate.

All donations received by Age UK Stockport will be used locally to the benefit of local people. Your donation makes a real difference and a little bit of help really does go a long way.

Follow the QR Code to Donate or visit our website at:
<https://www.ageuk.org.uk/stockport/get-involved/donate/>



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