



Stronger Together

IMPACT REPORT 2019

OUR MISSION

is to create change together - through the strengths of people and communities.

OUR VISION

is that strength-based approaches will be the way of working in Stockport and beyond.



Contents

04

Foreword

05

About us:

Together, we make a difference

What we offer

Who we work with

09

Our approach:

Unlocking potential

Kirsty's story

10

Our innovation:

Improving lives

Positive Relationships

Natalie's story

Back Home

Julie's story

14

Organisation structure:

Why an Alliance?

Our people

Our identity

Our creativity

16

Collaboration:

Strength in numbers

Collaboration in action

Kate's story

Anna's story

22

Impact:

The results

23

The future:

Doing more for more people



Through our collaborative relationships with other organisations and community resources we provide a seamless and inclusive offer to improve the experience of people working with TPA - and in the process, relieve pressure on public services.

Along with our Commissioner, Stockport Council, the Alliance consists of six not-for-profit organisations.

- Age UK Stockport
- Jigsaw Support
- Synergy
- Nacro
- TLC: Talk, Listen, Change
- Stockport Homes Group

Welcome to our first impact report

Set up in 2015, The Prevention Alliance (TPA) in Stockport was a far-sighted commission bringing Stockport Council and six not-for-profit organisations together in an Alliance with the aim of reducing demand on high support services by first focusing on prevention.

The Alliance, taking a strengths-based approach, works alongside people to encourage them to improve their own lives, building on their strengths and the connective power of communities.

It has since grown to encompass work in reducing the time spent by people in hospital, or the need to be in hospital in the first place. The Alliance also took on work to encourage people to develop positive relationships to prevent domestic abuse in the borough.

People in Stockport, as elsewhere, face many challenges made more acute by underlying austerity. We have been faced with increasing

demand from people in crisis, set against our continual drive to be more preventative in the way we work. In reality we seek to do both crisis and preventative work - and more - by playing our part in supporting the health and social care system, and to respond to people in the best possible way.

Our report, through giving an insight into the breadth of our work and its impact on people's lives, is a key part of Stockport's journey in reshaping relationships between people, communities, the voluntary sector and publicly funded services.

STEVE GOSLYN
TPA INDEPENDENT CHAIR

Together, we make a difference

We're a diverse mix of organisations working together to make a difference in our local community. Through our unique preventative approach, we provide creative solutions and positively influence new initiatives to improve health and wellbeing in Stockport.



What we offer

Our offer is as diverse and unique as the people we work with, and includes:

- information, advice and guidance
- one-to-one work so a person can make positive changes in their life
- one-to-one work to explore social opportunities, connections and networks that can enhance a person's wellbeing in the longer term.

We work alongside people as equals - helping them to recognise and draw on their own personal strengths to improve their wellbeing and independence, and achieve their potential with lasting results. With encouragement, people's confidence grows as they make their own choices and take control of their life.

Who we work with

Our doors are open to anyone living in Stockport. People either get in touch with us directly or find their way to us through other organisations and community groups.

Our hub team based in Stockport town centre is open for the public to drop in and speak with our Key Workers. Here, the team provides the first point of contact for other organisations who wish to introduce someone to us.



Our multi-skilled teams have a base in the following local areas:

- Cheadle and Bramhall
- Heatons and Tame Valley
- Marple and Werneth
- Stepping Hill and Victoria

Unlocking potential

We're driven by our passion to help people develop the confidence and skills to improve their independence and long-term health and wellbeing. We couldn't do what we do without building trust - which is why our approach is fundamental to achieving positive outcomes.



Person led

Everyone we work with is unique and we are led by what they want to achieve. We listen to what's important to people, then work together to plan ways they can move forward.

Rather than doing things 'to' or 'for' people we encourage them to recognise the expertise they bring to their own life. While this can initially feel uncomfortable for people who have experience of public services and often see the professional as the expert in their situation, we challenge people to take control by taking small steps out of their comfort zone. Once they start to recognise and use their strengths to make changes, their confidence grows.

We have established a group of people who have experience of working with the TPA. The group provide valuable insight into what works well and where we can improve.

Prevention

Wherever possible, we work with people at an early stage to overcome challenges before they develop further. We find alternative approaches to more complex situations so that people can move forward safely, and reduce the number of organisations with whom they are engaged.

We look for long-term solutions to build resilience, encouraging people to develop their confidence and learning so they become well equipped for future challenges in their lives. This reduces avoidable demand on public services, freeing up resources for those who need them most.

Connections and networks

We always look for the strengths in individuals and communities. It's our strong local knowledge, relationships and connections that help us link people together so they can build a lasting network around them.

Through our social prescribing approach, our team of Community Connectors provide opportunities for people to explore these informal connections and networks of interest or benefit to them.



Place based

Our work has given us a clear understanding of the strengths and challenges unique to different neighbourhoods across Stockport. We continue to embrace opportunities and collaborate with other organisations – investing time and resources to create joined up approaches, address gaps in services, prevent overlap and improve outcomes for people and communities.

Working locally has also raised our profile with people, groups and organisations. As a result, our teams are aligned and integrated with colleagues from health and social care, and we have established strong connections with other voluntary and community sector organisations at a local level.

Strengths based

Our focus isn't on what's wrong in a person's life, or even what they need. We focus on what they want to achieve and how they can use their strengths or develop new ones to achieve it.

It can be challenging to help people recognise their own strengths, but we have seen incredible results from simply nurturing trusting relationships and challenging people to see what others see.



Outcomes focused

We are led by what people want to achieve, and have developed a framework that enables us to stay true to this approach as well as measure our impact.

We work with people to achieve the following outcomes

- Improved physical wellbeing
- Improved mental wellbeing
- Improved economic wellbeing
- Improved social wellbeing
- Improved housing circumstances

We track their progress through the stages of 'personal growth'

- Finding out
- Preparing for change
- Making changes
- Maintaining changes

We measure how well we connect people to other networks that enhance their health and wellbeing

- People connected to groups/ others through interests
- People who access skills, training or employment
- People who access support in developing a group

KIRSTY'S STORY

North West Ambulance Service contacted TPA to see if we could work with Kirsty, who had called for an ambulance over 40 times in just three weeks asking for help with her low mood and alcohol misuse. Kirsty had lost her job, lost touch with family and was at risk of losing her home after falling behind in rent.

Our Complex Key Worker met with Kirsty to establish what she wanted to achieve. She realised that she'd become increasingly lonely over the years and struggled to cope, but going forward wanted to reduce her drinking, resolve her debts and reconnect with her family.

We helped Kirsty identify that she used to be very sociable and enjoyed spending time with friends.

We helped Kirsty identify that she used to be very sociable and enjoyed spending time with friends. She'd previously looked after her grandchildren and loved it – she was very good with small children and enjoyed helping her family by looking after them. Unfortunately, the contact with her children, grandchildren and friends had stopped due to her alcohol misuse.

While Kirsty was hesitant about making connections in her community, our Community Connector was able to encourage Kirsty to look at activities in her local area where she could meet new friends. She attended a number of local groups, signed up to a barista course to learn new skills and started to attend a support group for alcohol misuse. Kirsty also reached out to her family to start rebuilding relationships.

Due to the high rent arrears on her home, Kirsty had to move into temporary accommodation. But she was able to see this as a positive step

and a chance for a new start. She'd also been reducing her alcohol intake in the lead up to the move, and was at a safe level to stop when she moved into the temporary accommodation.

Kirsty increased her support networks and has had several visits to see her grandchildren. She continues to look for her permanent home and feels confident that she has the skills to do this on her own. When we first started to work alongside Kirsty, she said that she was unable to do anything for herself. She felt her life was too complicated to cope with on her own.

Since working together, Kirsty has been able to cope better with situations and now has the confidence to overcome these challenges without being reliant on emergency services.



I have severe anxiety, PTSD and depression. My rent got too much and my housing benefit would only pay so much. I was issued with a section 21 notice which led to an eviction. My TPA Key Worker was with me through the process – I couldn't have coped on my own.

I am now in temporary accommodation; I've not had any alcohol since I moved here. The first night in the hostel I slept all night which I had not done in a long time. I am now eating properly too. My Key Worker encouraged me to attend an alcohol support group and am now in a great place in my head. This only came about because I was helped by The Prevention Alliance.



KIRSTY

Improving lives

We're always identifying and embracing new challenges to make a positive difference in people's lives. These projects have achieved just that by extending our reach and attracting additional funding to improve health and wellbeing – reducing pressure on public resources in the process.

Positive Relationships

We focus on encouraging people to build positive and healthy relationships, and reduce domestic abuse. This could include anyone who is or has been in a relationship where they:

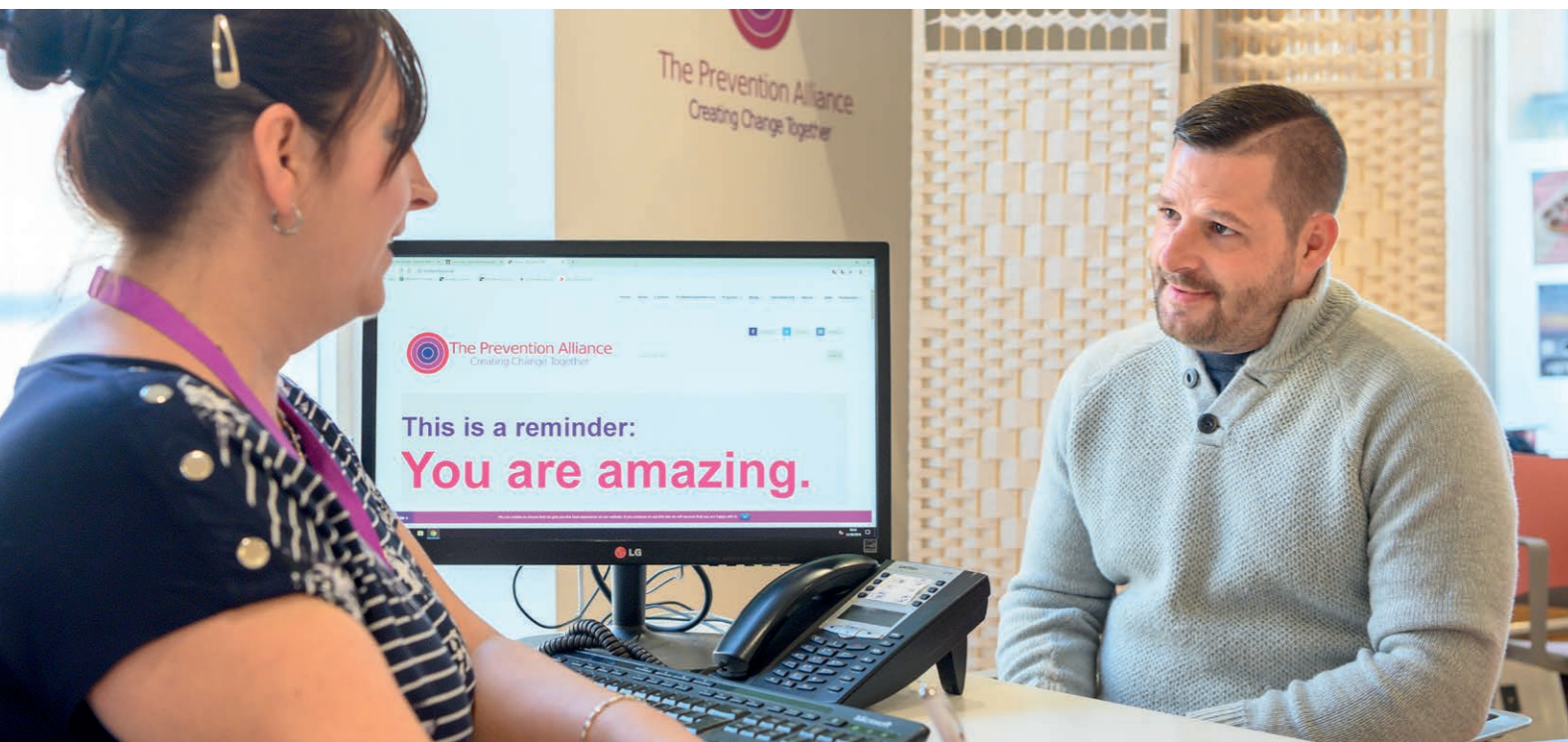
- want to work on building healthy relationships
- feel afraid of a partner
- are being verbally abused
- feel cut off from family and friends
- are being constantly criticised
- are being physically abused

Or anything else that feels uncomfortable or intimidating.

We also work with people who recognise their own behaviours as being controlling or abusive, and want to make positive changes. We can provide them with links to long-term behaviour change programmes too.

Our Outcome Framework demonstrates the impact of our work in helping people achieve healthy, positive relationships:

- improved outlook and attitude
- improved social interactions
- reduced re-occurrence of domestic abuse



NATALIE'S STORY

"He said he hated conflict. I loved laughing and putting the radio on and dancing around. I thought he was the perfect person for me - little did I know that would soon come to an end.

Laughter turned to interrogation, shouting, smashing things, and name calling. He would loom over me, his eyes reflecting sheer venom. I couldn't breathe properly or focus, my heart would race so fast, yet the questions kept coming. This was to become my normality. Weeks spiralled into months, and then years.

There wasn't any aspect of me he didn't criticise. He called me abusive and offensive names. He controlled what time I went to bed. If my hair should be up or down. Then there was the 60-second rule to answer my phone - which couldn't be ignored. I was existing in a constant state of anxiety, but he kept telling me he did these things because he loved me so much.

"If you married me things would be better", he'd say. Or "if you got a tattoo, I would feel secure". So I married him and even allowed him to brand me. It still wasn't enough to stop his explosive temper, or the emotional, verbal and financial abuse.

Was this to be the rest of my life? I needed to speak to someone, to find out my options. But I was so confused. I felt humiliated and embarrassed. To share how he treated me felt disloyal.

Then I approached the TPA and started work with a Positive Relationships Key Worker. After three years of silence, it was the first time I had told anyone about what was happening to me.

After another assault on our wedding anniversary, my phone rang and a soft voice asked if it was safe to talk. I rambled for an hour and a half and received only encouragement and support in return. There was no judgement. My Key Worker just wanted to hear what I had to say and to know I was safe. And by using my real name, she reminded me I was a person with an identity.

She also gave me options. Helplines I could ring at any time to talk about how I was feeling and safety planning. I was offered access to emergency temporary accommodation. She even liaised with housing on my behalf to establish the process for submitting an application from a different address and found I didn't have to give my current address - which removed a massive barrier to me leaving. Most importantly she maintained regular contact and updated me on anything immediately.

I did wonder how I was going to manage without him – until I realised that living with him had already taken incredible strength.

At no point did my Key Worker tell me I had to leave. I had to make that choice. And so I did. Despite a mixture of fear and apprehension, there was also relief. I did wonder how I was going to manage without him - until I realised that living with him had already taken incredible strength.

I left. The manipulative and abusive messages started instantly, but I decided to take control. I stopped answering his calls, texts and e-mails. Then, one Sunday morning, I reached the biggest crossroads of my life. He told me he was coming to find me. With the messages still coming, I was a nervous wreck. I hadn't slept or eaten properly since leaving. And I knew this wasn't going to stop. So I had two choices: either return and accept what consequences he deemed appropriate or make a complaint to the police and seek some form of protection.

When I walked into the police station, I was so apprehensive I was physically shaking. The police listened to my concerns with empathy, they explained the procedures available to provide me with protection.

They kept reassuring me this wasn't my fault, as my Key Worker had been doing. They asked if I would support a prosecution - to which I agreed - and they offered me 'special measures' to make sure that if I had to go to court I didn't have to see him. They also put a 'marker' on the property I was staying at, so if I called 999 the response would be immediate.

After that, he was arrested and bailed, yet they also seized his phone and the threats stopped immediately. At last silence fell and I no longer had to endure his vile comments or threats.

It didn't stop me feeling guilty, but with the encouragement of my Key Worker I began the process of re-building my life. I was a shell of the person I have become today. She readily and selflessly shared the burden of what I endured.

Her support was phenomenal and holistic, it covered every aspect of my life, from my emotional well-being to practical matters such as housing, and I am now on the brink of being re-housed. She also sourced some volunteering opportunities for me and made a referral for counselling. In addition, she celebrated my achievements, with a big smile that reflected genuine pleasure.

My Key Worker introduced me to the 'Freedom Programme' and this gave me the confirmation and affirmation that I was living with the 'Dominant'. He was a liar, bully, jailer, headworker, and he would have won an Oscar for playing 'king of the castle'. This man didn't want a healthy balanced relationship. He wanted to exert control for his sole gratification and needs.

I do all the things I wasn't allowed to and I am going from strength to strength each and every day.



I won't deny, I still have a mountain to climb with a forthcoming court case. And it does feel scary. But I lived with that fear every day, when he was judge, jury and executioner. Now, I am living my life to the fullest. I do all the things I wasn't allowed to and I am going from strength to strength each and every day.

Most importantly, I realised I deserved to live a life without abuse. I didn't need him, he needed me. Now it's light and bright and the music plays.

Thank you TPA, your service is outstanding."

Back Home

Back Home was developed in partnership with Age UK Stockport to help prevent avoidable hospital admissions and reduce delayed hospital discharges. By working closely with the Integrated Transfer Team at Stepping Hill Hospital, the programme delivers a coordinated, responsive and flexible approach to reducing frequent attenders to Emergency

Department (ED) and prevent unnecessary attendances and hospital admissions - as well as streamlining discharge planning. This involves working proactively with the hospital, GPs and other agencies as well as with people who need support following their discharge to maintain their health and wellbeing.

831

people have benefited from the TPA's Back Home work

13%

had a further unavoidable or unrelated hospital admission

1%

had a further preventable admission

DANIEL'S STORY

Daniel was a patient at Stepping Hill Hospital having been hospitalised with flu which had exacerbated his chronic obstructive pulmonary disease. His home was an upper floor flat without a lift and with 3 flights of stairs; it was cold and damp with inadequate heating. Daniel was in receipt of a very low income and had accumulated a number of debts which were not being addressed.

As part of his discharge planning, the Back Home Team liaised with Stockport Homes enabling Daniel to register for rehousing. He was offered a flat which was much more appropriate for his needs and was close to his family. His new home was warm and free from dampness, preventing any further deterioration in his health, as well as being accessible without climbing any stairs.

Through joint work with his TPA Back Home Worker, Daniel was assisted with an application for a PIP and with Universal

Credit so that his income better reflected his medical needs. A referral was also made to the Council for Daniel to be provided with advice in the management of his debts.

As he enjoyed gardening, Daniel was offered the opportunity to maintain part of the communal garden where he lived; the TPA contributed to the purchase of garden tools so that he was able to tend his small plot. He was assisted in making a successful application to the Stockport Local Assistance Scheme for a cooker and to purchase a second-hand sofa for his flat.

Daniel is now debt-free and receiving the correct level of benefits to meet his circumstances. Gardening has improved his wellbeing, his family networks and relationships with his neighbours have improved and he is able to get online. He is now looking forward to the future and is hugely appreciative of the Back Home service.



Why an Alliance?

The Alliance structure enriches the TPA offer through the diverse experience and resources of the individual organisations involved.

Together, we've developed Alliance principles based on positive risk taking, innovation and creativity which drive all we do to better support the people we serve. While these principles allow each organisation to keep their own identity, they also enable TPA to stay true to its unique approach.

Our people

Our leadership team comprises an Independent Chair, Commissioner representatives and a senior representative from each of the six provider organisations. Collectively, they are responsible for the governance of the Alliance and set the strategic direction of TPA.

TPA also thrives on the strengths and resources volunteered within the group. For example: clinical supervision for our complex workers, accounting and management of Alliance finances, counselling for people who access TPA, meeting spaces, offices for our teams, marketing resources, training and development opportunities, and expertise in areas such as General Data Protection Regulations.

Without a doubt, our people are our greatest asset, with a diverse blend of 55 local colleagues employed across six provider organisations. Each of our teams is made up of colleagues from each of these organisations.

We actively share knowledge, expertise and experience through shadowing and learning circles - which goes a long way to developing the skills of the wider workforce and ultimately improving the experiences of the people we work with.

Our identity

Navigating a range of organisational cultures can be challenging. But we've worked hard to successfully create a TPA identity, shared purpose and unique model of working.

At the same time, the Alliance allows people to continue working for their organisation of choice and provides development opportunities outside of this - such as experiential learning, safeguarding, restorative practice, management development and motivational interviewing.

ORGANISATION STRUCTURE



OUR CREATIVITY

Working collaboratively with our Commissioners also allows us to develop creative solutions for emerging priorities and demands beyond the remit of our contract.

Sensory Drop In - After a review of Adult Social Care's support offer to the deaf community in Stockport, we extended our initial weekly two-hour service to a dedicated Drop In to support people with hearing loss. It's achieved financial savings for Stockport Council and improved outcomes for people with hearing impairment.

Positive Relationships - Following a review in 2017, we took on the preventative element of the former Alliance for Positive Relationships, working alongside Stockport Without Abuse and Stockport Women's Centre. Our thriving alliance structure, flexibility and TPA working model enabled us to deliver a seamless transition for the people working with and for the previous service.

Goals of Care - In 2018, to help Stockport realise Greater Manchester Combined Authorities' vision for a shared health and social care record, we adopted the Goals of Care document. We were one of the first organisations in Stockport to do so, helping to bring digital information together from a range of organisations for more complete records of care.



Everyone I have encountered within the Alliance has had a 'can do' attitude, from front-line workers to strategic managers, with a creative approach to providing support for some of the most vulnerable people in Stockport who would be in high cost services if they hadn't received the support TPA offers.

I have been impressed by TPA's response to our developing strategic priorities, always offering valuable insight into new projects and being integral to developments.

They contribute strategically to the development of new initiatives and business as usual, as well as in resourcing front-line workers and supporting the direction of travel, chairing 'problem solving meetings' and identifying alternative community approaches to support.

As resources diminish further, the role of TPA becomes ever more vital as they provide support to vulnerable adults in Stockport, a cohort who continue to bounce around the public sector as there is no defined offer to them and people are often told they don't meet threshold or the support can be fragmented where there are no children involved.



JENNIE NEILL
SERVICE LEADER PUBLIC SERVICE HUB,
STOCKPORT COUNCIL



Strength in numbers

Our reach, influence and impact has grown as we continue to embed our model across Stockport. Our strong networks and collaborative relationships have enabled us to stay at the forefront of transformation and embrace new initiatives that improve health and wellbeing – all in an ever-challenging and evolving system.

Integration with other organisations also makes the experience smoother for the people we work with – particularly as we navigate what might be useful to them and reduce the number of services they engage with.



“

TPA workers are flexible, willing and motivated colleagues who are great assets to the Neighbourhood model of working. They manage to engage with potentially difficult clients and work with them for long enough to make a difference. The non-statutory role helps with this. The diverse background of experience also helps.

I have also noticed that other Third Sector groups outside of TPA, such as Mind, also work with TPA colleagues. This is important because the formation of TPA could have led to division and unhelpful competitive attitudes between organisations – I have personally not witnessed any of that, much to everyone’s credit.

”

STEVE BRADSHAW
NEIGHBOURHOOD CLINICAL LEAD,
STOCKPORT CCG

Collaboration in action

By working together with other organisations, we’ve influenced the strategic direction and delivery of many initiatives that actively improve health and wellbeing. These are just some of the ways we’ve achieved that.

Multi-Disciplinary teams

A strong sense of trust and understanding has come from working alongside colleagues within health and social care. By sharing information and collaborating to manage cases, we effectively reduce duplication and improve the experience and outcomes of people we work with.

As one of the first organisations in Stockport to implement the Goals of Care plan last year, we’ve also completed 312 records to-date. Once agency integration is further developed, this will help with information sharing across the borough.

We’ve also worked closely with colleagues in Adult Social Care so people can be transferred to TPA seamlessly, and diverted from Adult Social Care where appropriate.



Placed Based Integration

We joined with partners from Stockport Council, Stockport Homes Group, Greater Manchester Police and Stockport Family to deliver the first Placed Based Integration (PBI) in Stockport.

This delivery model involves the development of an integrated team of services with a common objective, working together in a neighbourhood. It underpins the Greater Manchester Combined Authority’s Public Service Reform agenda.

The Brinnington PBI, for example, provides a joined up preventative approach that facilitates self-help, focusing on what matters to people. Between January 2018 and August 2019, it supported 157 people – a significant proportion for which the TPA has assumed lead responsibility.

Based on this success, we are now working with partners to establish new PBIs across Stockport, ensuring that we positively influence new approaches through the experience that we have gained from our work in Brinnington.

Team Around The Place

We helped establish the first Stockport Team Around The Place in the Heaton area to connect people, organisations and community groups, and reduce social isolation and improve health and wellbeing.

By drawing on our knowledge of people and communities, we are helping to implement Team Around The Place across other areas in Stockport together with our partners: Stockport Council, The Wellbeing and Independence Network, Stockport Homes and Viaduct Care.



TPA colleagues at all levels have been actively involved in the development and delivery of Team Around The Place. We understand that there is a rich offer in every community but there are barriers to public sector connecting with this for a variety of reasons. There has always been enthusiasm, innovation and drive from TPA colleagues in all the work we have done on this project and their role going forward is fundamental.



CAROLYN ANDERSON
CSS MANAGER, STOCKPORT COUNCIL

Team Around The Town

This initiative is all about Community Connectors bringing people together to share and take forward ideas that will enhance their community. Our Connectors assist with local funding, help sustain groups or projects, identify community assets and help groups promote their work.

Local groups 'Seed' and 'Connect' initially met at our Team Around The Town event. They worked together on a joint bid for funding to deliver digital skills classes at community groups across Stockport.

SENSORY DROP IN

As part of our commitment to supporting people with sensory loss, we arranged for two of our Drop In workers to be specially trained in British Sign Language. As a result, people with hearing loss can visit us at any time and are not restricted to the Drop in.

We are developing training packages alongside people who use British Sign Language to increase people's independence, from setting up an email account, to online shopping and using Sign Live - a tool that provides a British Sign Language interpreter via FaceTime. Wherever possible, we also raise awareness with other organisations to help improve access to services for the deaf community.

Since January 2019, 39 people have accessed the Drop In, many of which visit us on a regular basis.

"Without the TPA we'd panic. We wouldn't be able to manage our affairs as well - it would take away my independence."

"It is improving things because it is helping spread deaf awareness."

"I feel comfortable, I am no longer worried, and it helps me to feel confident as I am more able to address my problems."

"I know that I can access communication services I need."



KATE'S STORY

Profoundly deaf and unable to speak, Kate struggled managing everyday communications for herself and her family. Handling benefit claims for her three profoundly deaf children, for instance, was extremely stressful. She wanted to become confident dealing with day-to-day issues so she could overcome these challenges - and potentially gain employment.

This built her confidence and helped empower her to start dealing with other organisations herself.

Through our Sensory Drop In, we worked with Kate to advocate on her behalf and spread deaf awareness. This built her confidence and helped empower her to start dealing with other organisations herself.

Kate also built up a good network of friends from the Sensory Drop In - her family even went on holiday with a couple from the group.

Now, Kate can confidently tackle issues when they arise, and only requires support when her communication needs can't be met. What's more, she has gone on to secure a job, become a support worker for a deaf person from our Drop In, and be actively involved in our 'lived experience' group helping to shape the future of our work.



One of the key successes of the Sensory Drop In is that the deaf community can access support on a daily basis, in the same way as any other person, due to the fact that the TPA staff have worked hard to learn British Sign Language at Level 1 and 2.

This has mainstreamed provision to a community who are often marginalised and disempowered by poor accessibility arrangements when trying to access services. The TPA enables people to overcome the barriers they experience in daily life.

TPA workers also challenge poor practice and advocate for the deaf community in Stockport and further afield to educate other services and bring about positive change in relation to accessibility. The sense of community that TPA has created is testament to the hard work and commitment of all.



SARAH STATHAM
SERVICE DEVELOPMENT MANAGER,
STOCKPORT COUNCIL



Digital

We're also committed to providing people with access to digital services and training which can make a huge difference to the opportunities available to them. That's why we're a key partner in Digiknow, delivered by the Stockport Digital Inclusion Alliance along with the Good Things Foundation, Starting Point Community Partnership, and Stockport Homes.

In August 2019, we worked with 39 people in the programme to get them online and improve their digital skills as part of Stockport Council's vision for digital inclusion. We're also developing training for people who attend our Sensory Drop In, giving them the chance to effectively engage with local services, utilities, online banking, social networks and other opportunities.

We also carry out regular audits to ensure our own website stays fully accessible, and our intranet allows TPA workers and partners to effectively share resources and communication with each other. At the same time, we continue to grow and develop our social media presence to raise our profile online.

“

We're delighted that The Prevention Alliance is a member of the DigiKnow alliance. It's doing great work in closing the digital divide, supporting the people of Stockport to improve their digital skills and take advantage of everything technology can offer. With TPA on board we are able to reach many more people living in Stockport communities.

”

ZOE HOWARD
GOOD THINGS FOUNDATION

Safeguarding

Through our work and partnerships, we've proved our commitment to safeguarding - enabling people to live safe, healthy and (where possible) independent lives.

Our dedicated Complex Key Worker is fully integrated with the Multi Agency Safeguarding and Support Hub (MASSH) for children and families. We proactively identify families who can benefit from our offer and we become involved at an early stage where positive outcomes are more likely to be achieved. Our approach prevents circumstances from escalating, and reduces costs associated with reactive crisis services.

Our teams identify and address an average of 45 safeguarding concerns every quarter from our open caseload.



ANNA'S STORY

We met Anna following a safeguarding alert raised by the school her children attend. She'd become isolated from friends and family, was battling mental health and struggling to sustain a safe and stable home environment for herself and her children. She needed time, space, and support to address the issues she was facing.

Anna's children were temporarily placed in care, while TPA, Stockport Family and the Wellbeing and Independence Network came together to improve her home environment and provide alternative accommodation during the process.

With the help of her Key Worker, Anna explored what she saw as her strengths and interests, such as performing arts and feeling passionate about women's rights.

Anna initially felt overwhelmed by the complexity of her circumstances and was reluctant to work with our Community Connector. But with motivational support and encouragement, she joined a local group promoting mental wellbeing through art and drama therapy. Our Connector had already established links with the group and knew people with shared interests also attended.

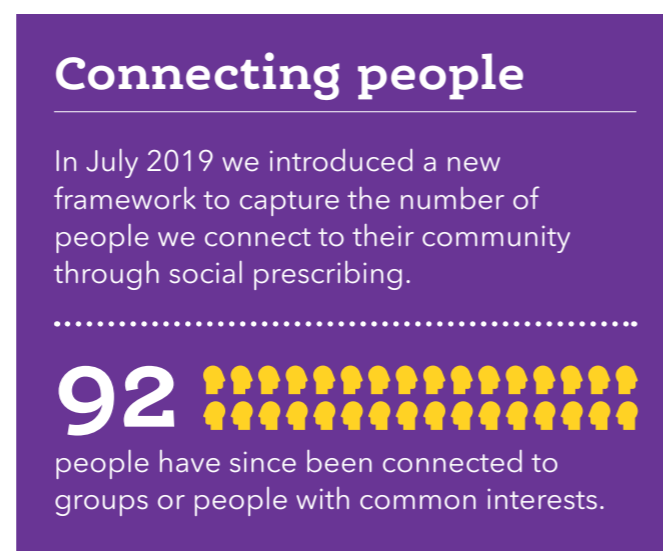
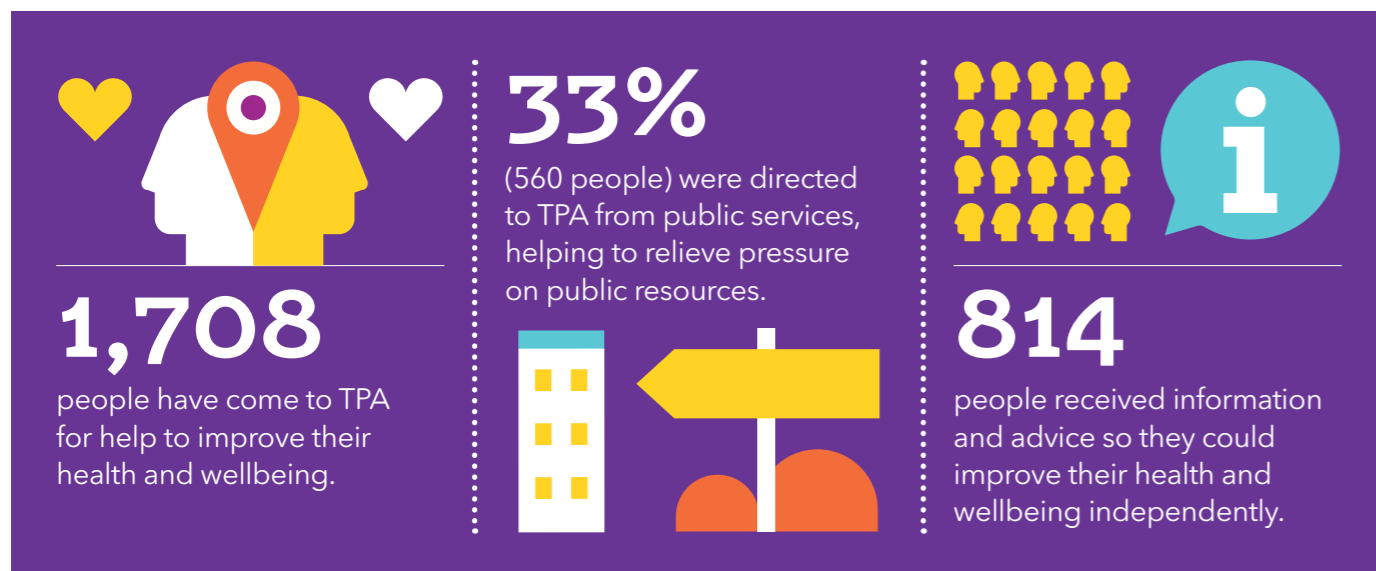
From there, Anna built positive new connections and became close friends with three others in the group. They even joined a new drama group together.

Working with our Key Worker gave Anna the opportunities she needed to regain her confidence, improve her mental health and housing situation.

Working with our Key Worker gave Anna the opportunities she needed to regain her confidence, improve her mental health and housing situation. From there, she was offered a tenancy, and we connected Anna with local schemes to help furnish her new home. Anna also started having contact with her children again.

When she felt ready to learn new skills and find employment, we also linked Anna to the job club through Stockport Homes. She wrote her first-ever CV, attended workshops to build her interview skills and attended an assessment day for a receptionist role. Anna's application and interview was successful, and she started her new role. What's more, her children have returned to their new family home permanently.

The results



Outcomes based on data collected between August 2018 and August 2019, unless stated otherwise.

Doing more for more people

As we enter the final year of our current commissioning arrangement, we are proud of how TPA has become a trusted influencer and partner in delivering a joined up health and social care offer across Stockport.

We believe our positive and collaborative contributions, flexibility, motivated teams and trusting relationships with our partners provide a strong foundation to grow our preventative, person-led and community-based approach – so we can continue to enrich lives and relieve pressure on valuable public resources.

While we recognise a challenging year lies ahead and the benefits of preventative work take time to realise, we're focused on driving innovation in preventative health and social care, and demonstrating the longer term impact of our approach.

The rich data and insight gathered through our work so far will go a long way to inform our future delivery plans so we can maximise our offer and reach more people.

We will also continue to enhance our offer, working with people who have 'lived experience', investing in our workforce to embrace and apply the principles of social pedagogy, and exploring innovative digital solutions.

At the same time, we're exploring funding streams and potential partnerships to complement and sustain our work, so that we can reach more people and enable community and group-led initiatives to thrive.



Contact us

If you'd like to know more about our work,
please feel free to get in touch:

 0161 474 1042

 info@stockporttpa.co.uk

 stockporttpa.co.uk

Follow us

Facebook [@stockporttpa](#)

Twitter [@StockportTPA](#)

Please note: All the examples in this report are based on factual stories. However, to protect the identity of the people we've worked with, we've changed their names with their permission. All statistics and performance data is based on the reporting period August 2018 to August 2019 unless stated otherwise.

