

Getting Greater Manchester Moving One Mile at a time

What's this all about?

Collaborate Out Loud CIC are working with GM Walking (part of GM Moving) to host an out loud conversation about what would help communities across Greater Manchester to walk more each day. We will do this through engaging with individuals and community groups and collectives to understand:

- **What helps people to walk more?**
- **What gets in the way of walking?**
- **What support and resources people would like to help them walk more**

It's impossible not to mention the C word though. We understand that the current situation with Coronavirus has changed how people are living their lives. We believe that, amongst all the heart ache and loss of freedom, we can take some positives from the situation around an increased use of technology across all generations and many people walking more each day.

We want to engage with the unusual suspects, the voices that are not always heard and from those that currently don't walk each day to help us and others understand.

We will host this conversation in an out loud way and that means we will be open, transparent and share what we are learning and finding as we go. This is about inspiring people to walk more, whilst also developing some kind of resource to support even more people to walk more each day. This will be a resource that is created by the people of Greater Manchester for the people of Greater Manchester.



How can you get involved?

As face to face workshops are not possible now, we have developed a suite of digital ways that people can engage in this conversation across multiple platforms. Below is a summary of the different channels we will use to start the conversation:

Fun Retro Discussion Board

Be part of the out loud conversation on Fun Retro an online tool which allows you to ask a series of simple questions. You can then add your answers, vote for ones you like and do not like and add comments to other people's ideas. This way we can all see what people are saying, thinking and this will inspire other ideas and comments.

[Take part in the Fun Retro conversations](#)

Survey

We have also developed a more traditional survey that is hosted on Google Forms. This survey takes 10-15 minutes to complete and allows us to explore some of the same questions as other channels but also dig into this in more

What will happen next?

Following the initial conversation, we will be asking people to come together to help us understand what we have heard, think about what this means in terms of what resources we might need, and then start to cocreate and design these resources.

The final step will be creating some prototype resources and experimenting with these before settling on something that works and developing that into something that can be spread across Greater Manchester. It may feel vague that we are just saying we will develop a resource; this is deliberate as we want to create that resource with you so don't yet know what it will look like.

We hope you can join us for all or part of this exciting journey and try engaging in a way you might not have before.

detail and understand more about the people who are answering them.

[Take part in the survey](#)

Tweet Chat

We will be hosting a tweet chat on 04 June from 8-9PM to help bring together individuals and community groups who want to take part in a live and out loud conversation. The tweet chat will ask a series of questions that will allow us, as a community of people interested in getting more people walking across GM, to explore what is important and share our own top tips.

[Participate in our Tweet Chat on 04.06.20 at 8PM via #GMDailyMile hosted on @CollabOutLoud](#)

Join the conversation on social media

We will be using Twitter, Facebook and Instagram to create communities of people around the topic of walking. In these spaces we will not only ask you to be part of a conversation but share ideas and articles about walking more each day.

[Join the conversation on all channels via #GMDailyMile](#) [Join our Facebook community](#)

Who can I get in touch with for more information?

If you want to know more about engaging in this work then please contact Claire@CollaborateOutLoud.org

#GMDailyMile