

Volunteer profile: Chloe Knight



Full-time student nurse Chloe Knight, started volunteering with Age UK Leicester Shire & Rutland three years ago, and has helped two lonely and isolated ladies in the city of Leicester.

Name: Chloe Knight

Career background: I am a student nurse and a Cancer Research UK charity shop Manager on Sundays

How long have you volunteered with Age UK LS&R? 3 years

Volunteer role(s): Befriender and Telephone Befriender

What do you get up to as a volunteer? I am a face to face befriender for a lovely lady whom I visit once a week and a telephone befriender for another lovely elderly lady who I call once a week alongside sending letters to her on a regular basis. My role involves chatting with these lovely ladies about anything and everything, as well as reading letters, playing games, and mainly providing company and an ear to listen.

Why did you start volunteering with Age UK LS&R? I started volunteering with Age UK LS&R because I wanted to give something back to my local community. As a student nurse, I see the role that loneliness can play in impacting a persons health and quality of life. If I can change just one persons life by being a befriender, then I think that's amazing.

What do you enjoy most about volunteering with Age UK LS&R? I love volunteering with Age UK LS&R. I most enjoy being able to listen to the wealth of experience both my lovely befriendees have had during their truly amazing lives. It's so inspiring and knowledgeable!

Most special volunteering moment: There are too many to choose from, but I love listening to the wonderful stories of the lovely ladies I have befriended. To know I'm making a difference to their lives, is both rewarding and fulfilling.