

Memory Café - Monthly Timetable

Monday

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Hall Green

2:30pm - 4pm

**The Shires Retirement
Village**

218 Wake Green Rd,
Birmingham B13 9PQ

2nd Monday of the month

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Wednesday

Small Heath

11am - 12:30pm

**Birmingham City Football
Club Community Hub**
Emmeline St, Birmingham
B9 4NG

2nd Wednesday of the month

Perry Barr

10:30am - 12pm

Oscott Community Centre
227 Old Oscott Ln, Birdbrook
Rd, B44 9TY

3rd Wednesday of the month
Art Therapy

Edgbaston

10:30am - 12pm

Bartley Green Lodge

137 Field Ln, Bartley Green,
Birmingham B32 4ER

Last Wednesday of the month

Thursday

Saltley

12 - 1:30pm

Dolphin women's centre
Washwood Heath Rd,
Birmingham B8 2HB
1st Thursday of the month
Intergenerational cafe - Women only

Sutton Coldfield

1pm - 3pm

**St Chads Church Sutton
Coldfield**
Hollyfield Road, Sutton Coldfield
B75 7SN

2nd Thursday of the month

Ladywood

11am - 12:30pm

B Settlement
79 Selwyn Rd, Birmingham B16
OSL
3rd Thursday of the month

Northfield

11am - 12:30pm

**West Heath Community
Centre**

Condoover Rd, Birmingham B31
3QY

Last Thursday of the month

Friday

Selly Oak

11am - 12:30pm

Bourn View Care Home
47 Bristol Road South,
Bournville, Birmingham, B31 2FR
1st Friday of the month

Erdington

10:30am - 12pm

**Abbey Rose Care
Home**

2 Ivyfield Rd, Birmingham
B23 7HH

2nd Thursday of the month

Our Memory Cafés are for anyone
over the age of 50 looking to
sharpen their mind. Activities
range from quizzes, musical
bingo, memory games, to arts
and crafts. No booking required

If you have any questions, please email
dementia.cafes@ageukbirmingham.org.uk or
call 0121 437 0033

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