

Dementia Friendly Parks and Gardens

2020 has been a difficult year for everyone having to deal with COVID 19 and two lockdowns. Many older people and people living with dementia have abandoned the city centre in favour of staying in their local neighbourhoods. Sheffield parks, gardens and countryside has seen an increase in the number of people using green spaces.

In 2021 the SDAA will be working with its members and supporters, advocates, families and professional health and social care staff to pilot a dementia friendly park that seeks to better enable them to benefit from access to the natural environment.

Ideas to take forward include:

- Environmental audit for park buildings
- Dementia awareness sessions for staff and volunteers
- 12 Hints to help Communicate with someone who has dementia
- Opportunity to join SDAA
- Collaboration with Heeley City Farm