



Age UK North Yorkshire & Darlington

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Meals at Home Menu



Week 1

Monday

Pork dinner with mash and veg

Syrup sponge and custard

Tuesday

Sausage with mash, veg and Yorkshire puddings Jam and coconut sponge and custard.

Wednesday

Chicken dinner with mash, and veg

Lemon sponge and custard

Thursday

Mince and dumplings with mash and veg

Sultana sponge custard

Friday

Roast beef with Yorkshire pudding, mash and veg

Ginger sponge and custard

Saturday

Cottage pie with mash and veg

Chocolate sponge and custard

Sunday

Roast chicken with stuffing, new potatoes, and veg

Apple crumble and custard

Requirements

Dietary

catered for

Week 2

Monday

Pork dinner with mash and veg Jam and coconut sponge

Tuesday

Cottage pie and veg

Syrup sponge and custard

Wednesday

Chicken dinner with stuffing, mash and veg.

Chocolate sponge and custard

Thursday

Mince and dumplings with mash and veg

Pineapple upside down cake and custard

Friday

Corned beef pie with new potatoes and garden peas

Sprinkle cake and custard

Saturday

Roast beef with Yorkshire puddings, mash and veg

Lime and coconut sponge and custard

Sunday

Chicken dinner stuffing with new potatoes and veg

Sticky toffee pudding and custard

Meal alterations considered on request