

# Arts Gymnasium



**Fun theatre sessions for over 50s**  
**Belgrade Theatre, Coventry - 11am - 1pm**

**Suggested  
donation:  
£3.50**

Join us at the Belgrade Theatre for our fun weekly theatre sessions, promoting positive well-being through imagination and movement.

**Tuesdays** - For anybody aged 50 and over, build your confidence and have fun!

**Fridays** - For people with memory impairments and/or living with early stage dementia

No previous experience needed.  
Refreshments will be provided.

For more information or to book a place contact:

**Alice Williams**  
024 7684 6741 or email  
[awilliams@belgrade.co.uk](mailto:awilliams@belgrade.co.uk)