

## POETRY BOOK LAUNCH

LITERARILY CHALLENGING STIGMA

## **JOIN US**

At the launch of a new poetry book of curated from creative workshops exploring older adults mental health, "Rhymes from the Wise: to challenge myths and lies". We will be sharing poems, films and more, as well as launching the re-brand of GM Older People's Mental Health Network!

<u>Spaces are limited so please book by using</u>
the link below:

https://manchestercommunitycentral.org/civicrm/event/info?id=8534&reset=1

by emailing: gmopn@macc.org.uk or by calling: 0161 834 9823 **8TH MAY** 13:45 - 16:30

St Thomas Centre

Ardwick Green N

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