

The Hub Monthly Activities Calendar - August 2026

For more information on specific activities, please call 0161 480 1211.

The Age UK Stockport Hub, 2 Castle Street, Edgeley, Stockport, SK3 9AB

Monday	Tuesday	Wednesday	Thursday	Friday
3 Digital drop in 10am - 12pm KOKU Exercise class 12-1pm & 1.15-2.15pm Please call to book	4 Pre booked, face to face Blue badge application 10am-2pm Singing for the brain 1-2pm Healing Through Harmony 2-3pm	5 Knit and natter 10:30am-12pm Digital drop in 12pm-2pm	6 Information and signposting drop in 10:00am-2pm Digital drop in 10:30am-12:30pm	7 LAST CRAFT CLASSES UNTIL SEPTEMBER 2026 10am—12pm 12:30pm—14:30pm
10 Digital drop in 10am - 12pm KOKU Exercise class 12-1pm & 1.15-2.15pm Please call to book	11 Pre booked, face to face Blue badge application 10am-2pm Healing Through Harmony 2-3pm	12 Knit and natter 10:00am-12pm Digital drop in 12pm-2pm	13 Information and signposting drop in 10:00am-2pm Digital drop in 10:30am-12:30pm	14
17 Digital drop in 10am - 12pm KOKU Exercise class 12-1pm & 1.15-2.15pm Please call to book	18 Pre booked, face to face Blue badge application 10am-2pm Healing Through Harmony 2-3pm	19 Knit and natter 10:00am-12pm Digital drop in 12pm-2pm	20 Information and signposting drop in 10:00am-2pm Digital drop in 10:30am-12:30pm	21
24 Digital drop in 10am - 12pm KOKU Exercise class 12-1pm & 1.15-2.15pm Please call to book	25 Pre booked, face to face Blue badge application 10am-2pm Tandem Tuesdays 12pm-2pm Healing Through Harmony 2-3pm	26 Knit and natter 10:00am-12pm Digital drop in 12pm-2pm	27 Information and signposting drop in 10:00am-2pm Digital drop in 10:30am-12:30pm	28
31 BANK HOLIDAY HUB CLOSED				