

The Hub Monthly Activities Calendar - JULY 2026

For more information on specific activities, please call 0161 480 1211.

The Age Uk Stockport Hub, 2 Castle Street, Edgeley, Stockport, SK3 9AB

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Knit and natter 10:00am-12pm Digital drop in 12pm-2pm	2 Information and signposting drop in 10:00am-2pm Digital drop in 10:30am-12:30pm	3 Craft class Group A AM 10am—12pm Craft class Group A PM 12:30pm—2:30pm Please call to book
6 Digital drop in 10am - 12pm KOKU Exercise class 12-1pm & 1.15-2.15pm Please call to book	7 Pre booked, face to face Blue badge application 10am-2pm Singing for the brain 1-2pm Healing through Harmony 2-3pm	8 Knit and natter 10:00am-12pm Digital drop in 12pm-2pm	9 Information and signposting drop in 10:00am-2pm Digital drop in 10:30am-12:30pm	10 No Craft classes on this date due to Craft group Art Gallery Exhibition trip at 1pm—3pm. Contact Gemma for more information.
13 Digital drop in 10am - 12pm KOKU Exercise class 1pm & 2.15pm Please call to book	14 Pre booked, face to face Blue badge application 10am-2pm Healing through Harmony 2-3pm	15 Knit and natter 10:00am-12pm Digital drop in 12pm-2pm	16 Information and signposting drop in 10:00am-2pm Digital drop in 10:30am-12:30pm	17 Craft class Group A AM 10am—12pm Craft class Group A PM 12:30pm—2:30pm Please call to book
2 Digital drop in 10am - 12pm KOKU Exercise class 12-1pm & 1.15-2.15pm Please call to book	21 Pre booked, face to face Blue badge application 10am-2pm Healing Through Harmony 2—3pm	22 Knit and natter 10:00am-12pm Digital drop in 12pm-2pm	23 Information and signposting drop in 10:00am-2pm Digital drop in 10:30am-12:30pm	24 Craft class Group B AM 10am—12pm Craft class Group B PM 12:30pm—2:30pm Please call to book
27 Digital drop in 10am - 12pm KOKU Exercise class 12-1pm & 1.15-2.15pm Please call to book	28 Pre booked, face to face Blue badge application 10am-2pm Tandem Tuesdays 12pm-2pm Healing through Harmony 2-3pm	29 Knit and natter 10:00am-12pm Digital drop in 12pm-2pm	30 Information and signposting drop in 10:00am-2pm Digital drop in 10:30am-12:30pm	31 Craft class Group A AM 10am—12pm Craft class Group A PM 12:30pm—2:30pm Please call to book