



From a Phone Call to a Lasting Friendship

How Sharing Time brought Jessica and Veronica together

A Friendship That Started During Lockdown

Jessica has been a volunteer with our Sharing Time befriending service since the lockdown period. What began as regular telephone calls has grown into a truly special and meaningful friendship between Jessica and her befriender, Veronica.



Sharing Life's Biggest Moments

During this time, Jessica has welcomed her first child into the world. She and her befriender have enjoyed many conversations about her pregnancy and becoming a parent, along with all the other topics they regularly chat about! Recently, Jessica made a special trip to visit Veronica and introduce her to the baby in person. Jessica shared that they had a lovely visit together.

A Special Visit

Veronica also spoke warmly about the visit, saying she thoroughly enjoyed spending time with Jessica and meeting her child. Over the years, they have supported one another through many of life's important moments, including house moves and the arrival of Jessica's first child. Veronica is incredibly grateful for their friendship and said that the visit gave her a real lift in spirits.

The Difference Friendship Can Make

Their story is a wonderful example of the lasting connections that can be created through befriending, and the positive difference that friendship, kindness, and companionship can make to someone's life.

