

"I love the laughter, the quizzes, the friendliness of the centre. I've made some great friends. I don't know how I managed without the centre now."

Matilda, Love Later Life Group member.

Join us for a natter, a cuppa, and a delicious two course meal whilst meeting new people and trying out new things.

We offer a free taster session on Tuesdays and Thursdays at our Love Later Life Centre in Hartford, with a fee of £25 per day (10am-3pm) for the following sessions.

If you are over 65 and this sounds like something you'd be interested in, call <u>Liz</u> & <u>Jeanette</u> on <u>07917</u> 638810.

