VOLUNTEER ROLE

Title: Dementia Support Volunteer

Hours: Flexible around your availability for any of the following sessions at their locations.

Supported by: Kerry Oakley (Manager) plus Dementia Staff member (Sharon White) at the various locations.

Dementia Support: Therapy (MCST) sessions welcome people at any stage of the dementia journey, with trained staff and volunteers.

Milford: The Clockhouse Community Centre, Chapel Lane, Milford GU8 5EZ : Mondays and Thursdays , 11.00am - 12.30pm at The Clockhouse Community Centre, Chapel Lane, Milford, GU8 5EZ.

Mytchett: The Mytchett Centre, 140 Mytchett Road, Mytchett GU16 6AA - Tuesdays, 10.30am to 12.15pm

Ash: The Benson Room, Japonica Court, Shawfield Road, Ash GU12 6QU - Thursdays, 10.30am to 12.15pm.

Memory and Friendship Groups: dementia friendly support group offer a warm, welcoming space for people with memory loss and their carers to socialise..

Milford: The Clockhouse Community Centre, Chapel Lane, Milford GU8 5EZ - Tuesdays, 2.00pm - 3.30pm

Mytchett: The Mytchett Centre, 140 Mytchett Road, Mytchett GU16 6AA - Tuesdays, 1.00pm to 2.30pm

Ash: The Benson Room, Japonica Court, Shawfield Road, Ash GU12 6QU - Thursdays, 1.00pm to 2.30pm

Main Duties:

Assisting Dementia Staff to facilitate a Memory Lane session for people living with dementia or mild cognitive impairment (sessions to help maintain memory and mental functioning), this could involve helping with a range of activities such as art, music and reminiscence. Making tea & coffee.

Assisting Dementia Staff to facilitate group activity attended by people living with dementia or mild cognitive impairment and their carers
– activities could range from quizzes to bingo to arts and crafts. Making tea & coffee.

Training would be 'on the job' learning and specialist Dementia training if necessary;
online DBS registration with Age UK Surrey will be provided at no cost to you.
You can choose any location(s) to volunteer.

Personal Qualities:
Patience with older people
Good communication skills
Empathy with older people
Compassionate towards others
Are Reliable and Adaptable

Skills Desirable:
Organised
Resourceful / Creative
Some experience with dementia or older people would be desirable but not essential.

Transport and Expenses

Unless in walking distance then your own transport will be needed for your chosen location.
Transport costs can be agreed with staff and reimbursed (keep receipts / record mileage).

Enquiries to: volunteer@ageuksurrey.org.uk or fill out online volunteer registration form:

https://www.ageuk.org.uk/surrey/get-involved/volunteer/volunteer-registration-form/