



KEYNSHAM THURSDAY WALKS (OCT 2019 - JAN 2020)

Oct 3rd: Keynsham Park to Saltford. 3 Miles. The walk takes you through the Memorial Park along quiet lanes and estate roads and footpaths to Saltford. Then through more estate roads to the Crown.

Getting there: Meet at Keynsham Church at 9.45 am and walk to Saltford returning on bus A4/19A from The Crown

Refreshments and toilets: The Crown

Oct 17th: Radstock to Midsomer Norton. 2.25 Miles. This is an easy walk along a disused railway track shared with cyclists. The surface is good and almost level. There are no hills.

Getting there: Take bus 178 from Bath Hill at 9.35 am to Radstock Victoria Hall returning on

bus 178 or 379 from Midsomer Norton Town Hall.

Refreshments and toilets: At the Jacarandas Cafe in Midsomer Norton High

Nov 7th: Bathampton to Bath. 2.5 miles.

An easy walk mainly along the tow path of the Kennet and Avon canal and across 2 fields. There is one very steep flight of steps to negotiate

Getting there: Bus A bus from Bath Hill at 9.03 am to the Bath Bus Station. Then bus D1 from the Bus Station (stand 5) to St Georges Hill Bathampton. Returning on bus a4/19A from Bath Bus Station.

Refreshments and toilets: At Manvers street Baptist Church cafe.

Nov 21st: Bristol City Centre, Cabot Tower, Christmas Steps, St James' Priory. 2.5 miles

A winter walk through the pavements of Bristol. There is a gentle climb up Park Street to Brandon Hill and then steps back down to the Centre.

Getting there: Bus 349 from opposite Keynsham Church at 09.56 am and walking from Baldwin Street. Returning by the same bus from Union Street.

Refreshments and toilets: At St James' Priory Café

Dec 5th: Christmas Meal: Details to follow.

Dec 19th: Millennium Green, Sion Hill and Lansdown. 2.5 miles. A downhill walk mainly on pavements through some of the more hidden areas of Bath. **Getting there:** Bus A4 at 9.33 from Bath Hill to Bath bus station, then Stagecoach bus 620 (stand 3) to Lansdown. Return on 19A/A4 from the bus station **Refreshments and toilets:** Manvers Street Baptist Church

Jan 2nd: Temple Meads, St Philips Greenway, Arno's Vale Cemetery. 1.5 miles. An easy walk along paths beside the river Avon. The walk can be extended using paths in the cemetery which are steep and uneven in places but well worth the effort.

Getting there: Take bus 349 from opposite Keynsham Church at 09.56 to Temple Meads returning on the same bus from Majestic Wine

Refreshments and toilets: At the Cemetery cafe.

Jan 16: Whitchurch Railway Walk to Brislington. 2 miles. An easy downhill walk along a disused railway track

Getting there: Catch bus 19A - A Bus at 9.26 am from opposite Keynsham Church to Temple Meads. The Bus 2 to Maes Knoll - Whitchurch. Return on 349 from Brislington Village or A4 from Callington Road

Refreshments and toilets: At Tesco's, Callington Road.

This walking group is part of the "Active" service run by Age UK B&NES. Norman and Heather are volunteers working for age UK B&BES to devise, risk assess and lead these walks. We are trained as walk leaders by Walking for Health. For further information about these walks please contact walk leaders

For more information about all Age UK B&NES services please call: (01225) 484510 or email <u>active@ageukbanes.co.uk</u>

Bring bus pass and money for refreshments. Bus time given is the time the bus is due to leave. <u>Please arrive five minutes early in case changes are necessary</u>

Please note stout walking shoes should be worn and clothing appropriate to the weather. Trousers protect your legs against nettles and ticks. Walking poles are advisable on country walks.