

Thursday Walk Programme Oct - Dec 2018



Oct 4 : Combe Down to The Station. 1.5 miles

A downhill walk along pavements and hard paths. Some sections are quite steep.

Getting there : Bus 19A from Bath Hill at 9.36 to the Bath Bus Station. Then bus 2 from Dorchester Street - Stand bh to North Road. Return on Bus 19A from the bus station.

Refreshments and toilets : At Manvers Street Baptist Church Cafe.

Oct 18 : Kingweston Down. 2.25 miles.

This walk starts with a fairly steep climb on a pavement and then along mainly level grass paths with one downhill slope.

Getting there : Bus 349 (A bus) from opposite Keynsham Church at 9.24 to Bus Station Then bus 4 from Union Street to Westbury Lane. Return on Bus 1 from Station Road to Horsefair and then 178 or 349 from the Bus Station to Keynsham.

Refreshments and toilets : At The Pavillion cafe, Blaize Castle

Nov 1 : Bathampton to Dundas Aqueduct. 3.5 miles. A picturesque flat walk on the canal tow path passing Claverton pumping station and continuing to Dundas Aqueduct

Getting there : Bus 10A at 9.26 from Bath Hill to Bath bus station, then bus D1 at 10.05 from Bus Station Bay 5 to Bathampton. Return bus D1 to Bath bus station, then bus 19A.

Refreshments and toilets : Dundas Centre

Nov 15 : Poets Walk. Clevedon 2 miles. A chance to blow the cobwebs away as we walk along the sea front at Clevedon and then a gentle climb over Wains Hill and back along pavements to the front once more. The walk is mainly on pavements but there are woodland paths as well. **STOUT WALKING SHOES ESSENTIAL.**

Getting there : By Car. Meet in Tesco car park at 9.30

Refreshments and toilets : Cafe opposite the pier

Dec 6 : Christmas Meal. TBA

Dec 20 : Millennium Green, Sion Hill and Lansdown. 2.5 miles. A downhill walk mainly on pavements through some of the more hidden areas of Bath.

Getting there : Bus 38 at 9.40 from Bath Hill to Bath bus station, then Stagecoach bus 620 Bay 5 to Lansdown. Return on 38 from the bus station

Refreshments and toilets :Manvers Street Baptist Church

This walking group is part of the "Active" service run by Age UK B&NES. Norman and Heather are volunteers working for Age UK B&NES to devise, risk assess and lead these walks. We are trained as walk leaders by Walking for Health.

For further information about these walks please contact walk leaders

Norman - 01179863530 or 07724122381 or email norm25j@gmail.com

Heather - 01179866316 or 07762906253 or email heather.m.leverton@gmail.com

For more information about all Age UK B&NES services please call Michelle on 01225 484510 or email active@ageukbanes.co.uk

Bring bus pass and money for refreshments.

Bus time given the time the bus is due to leave.

Please arrive five minutes early in case changes are necessary.

Please note : Stout walking shoes should be worn and clothing appropriate to the weather. Trousers protect your legs against nettles and ticks.