

50+ Health and Information Event 2018

Activities and groups which are on in Childs Hill

Find out what services and support are available

How to keep active, well and meet new people

Information and advice

Gentle exercise demo

Wednesday 16th May 2018

10:30am – 12:30pm

Kent Hall

12 Westcroft Way, London, NW2 2RL

FREE Tea, coffee and light refreshments

Guest speakers

Blood pressure checks

For more information contact:

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