**Ann Owens Activity Centre December 2018**

Age UK Barnet, Ann Owens Centre, Oak Lane, East Finchley, London, N2 8LT Tel: 020 8432 1415

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|  | 10 – 11 | 11 – 12 | 12.30 – 1.30 | 1.30 – 3pm |
| Tuesday 4th | Tea & Chat | Gentle Exercise | Lunch Club | Tap dancing |
| Thursday 6th  | Tea & Chat | Gentle Exercise | Lunch Club | Jack and the Beanstalk (Rahrah theatre company) |
| Tuesday 11th | Tea & Chat | Gentle Exercise | Lunch Club | Bingo |
| Thursday 13th | Tea & Chat | Gentle Exercise | Lunch Club | A Christmassy Musical Afternoon with Lucilla Graham – mezzo soprano |
| Friday 14th | Tea & Chat | Gentle Exercise | Christmas Lunch | Christmas Games and Carols |
| Tuesday 18th | Tea & Chat | Gentle Exercise | Christmas Lunch | Christmas games and carol singing with Howard  |
| Thursday 20th | Tea & Chat | Gentle Exercise | Lunch Club | Hoy |
| Tuesday 25th  | Closed |  | Closed | Christmas Day |
| Thursday 27th  | Tea & Chat | Gentle Exercise | Lunch Club |  |

***Wishing you all a very Merry Christmas and Happy New Year! xx***